

1 **Abstract**

2 The pervasive spread of microplastics (MPs) and nanoplastics (NPs) has raised significant concerns
3 on their toxicity in both aquatic and terrestrial environments. These polymer-based materials have
4 implications for plants, wildlife and human health, threatening food chain integrity and ultimate
5 ecosystem resilience. An extensive – and growing – body of literature is available on MP- and NP-
6 associated effects, including in a number of aquatic biota, with as yet limited reports in terrestrial
7 environments. Effects range from no detectable, or very low level, biological effects to more
8 severe outcomes such as (but not limited to) increased mortality rates, altered immune and
9 inflammatory responses, oxidative stress, genetic damage and dysmetabolic changes. A well-
10 established exposure route to MPs and NPs involves ingestion with subsequent incorporation into
11 tissues. MP and NP exposures have also been found to lead to genetic damage, including effects
12 related to mitotic anomalies, or to transmissible damage from sperm cells to their offspring,
13 especially in echinoderms. Effects on the proteome, transcriptome and metabolome warrant *ad*
14 *hoc* investigations as these integrated “omics” workflows could provide greater insight into
15 molecular pathways of effect. Given their different physical structures, chemical identity and
16 presumably different modes of action, exposure to different types of MPs and NPs may result in
17 different biological effects in biota, thus comparative investigations of different MPs and NPs are
18 required to ascertain the respective effects. Furthermore, research on MP and NP should also
19 consider their ability to act as vectors for other toxicants, and possible outcomes of exposure may
20 even include effects at the community level, thus requiring investigations in mesocosm models.

21

22 **Key words**

23 microparticle; nanoparticle; polymer; toxicity; dysmetabolic; stress

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28 **1. Introduction**

29 Micro- and nano-plastics (MPs and NPs) are novel environmental contaminants of emerging
30 international interest due to their increasing levels in aquatic and terrestrial environments with
31 demonstrable effects at numerous biological levels. MP and NP pollution is an emerging threat to
32 ecosystem health and integrity as reported in earlier reviews (Ryan et al. 1988; Moore 2008; Zarfl
33 et al. 2011; Guzzetti et al., 2018). Beyond the biological effects resulting from exposure and
34 uptake of MPs and NPs in the environment, macroscopic plastic debris represents another
35 environmental threat to biota through impacts on increased frequency of suffocation,
36 entanglement, and ingestion, especially in marine wildlife such as birds, sea turtles, marine
37 mammals, invertebrates and fish (Kühn and Franeker, 2020). These effects are often translated
38 into impacts on movement, feeding and reproduction, skin ulcerations and necrosis, and even
39 death (Provencher et al. 2017, 2018; Rezani et al. 2018; de Souza Machado et al. 2018). A
40 growing body of literature in recent years has been devoted to understanding the biological effects
41 of exposure to MP/NPs in biota, including spatial and temporal patterns of exposure and effect
42 (see for example: Alimba et al. 2019; Alimi et al. 2018; Chae et al. 2018, 2019; Foley et al. 2018;
43 Saleem et al. 2018; Wang et al. 2018; Ferreira et al. 2019; Rochman et al. 2019; Wu et al. 2019;
44 Barbosa et al. 2020). The present review aims at providing a synthesised update on the reported
45 effects from exposure to MP/NPs in biota, if any, and will outline some knowledge gaps that could
46 inform future research and monitoring priorities.

47 As a preliminary step, a comprehensive literature review was undertaken to extract relevant
48 manuscripts published in the last 10 years using search terms such as “microplastics” and
49 “nanoplastics” with “toxicity”, “embryo”, “gene”, “growth”, and “oxidative stress”. Databases such
50 as PubMed, Scopus, Google Scholar and Web of Science were queried. That search provided a set
51 of peer-reviewed works that were evaluated against a set of inclusion and exclusion criteria.
52 Studies that reported MP/NP exposure and uptake with effects (or no effect reported) at the
53 molecular to the organismal and community levels (about 8 % of the identified studies) were
54 retained for analysis. Studies that did not quantify exposure levels, or doses, or biological effects

55 were not retained for analysis. Further, quality control and quality assurance data in manuscripts
56 needed to include the use of procedural blanks and/or positive controls, duplicates (or triplicates)
57 and industry-recognised chemical analysis procedures for retention and inclusion in our database.
58 Presence and absence of effects were noted, as well as the nature and/or level of reported
59 biological effect, including: impacts on behaviour, mortality and reproduction, molecular-level
60 effects (such as cytotoxicity, biotransformation enzymes, neurotoxicity, hematological changes,
61 oxidative stress, immunity, genotoxicity, metabolic changes) and other organismal-level effects
62 (including physical effects, malformations, etc.). Any biological effects assessment of plastic
63 pollution should include the well-known feeding impairment effect due to obstruction of the
64 digestive tract (Besseling et al. 2014, 2015). However, this review is not aimed at evaluating the
65 effects of macroplastic ingestion, but rather is focused on other MP- and/or NP-associated
66 biological effects, including those molecular initiating events.

67 As shown in Figure 1, a steady increase in MP-focused reports up to 2020 is evident while
68 studies on NPs have picked up recently with a greater number of publications in 2019-2020 (It
69 should be noted that the 2020 data are confined to the first six months of the calendar year . An
70 extensive body of evidence was accumulated showing a number of more or less severe effects
71 associated with MP/NP exposures in a number of different biota including aquatic and terrestrial
72 animals, plants, bacteria and cell cultures.

73 Altogether, the present review aims to outline different MP/NP types, sizes and concentrations
74 tested in the peer-reviewed literature in order to identify differing size-, type- or concentration-
75 dependent toxicities, allowing us to suggest potentially important biological effect pathways among
76 different polymers or different sizes.

77

78 **2. MP ingestion without relevant adverse effects**

79 From the 94 studies identified and retained for analysis, only 15% (14/94) measured and detected
80 MP ingestion without reporting any major resultant biological effect (Table 1). This was the case in
81 some reports on exposures to either micro-polyethylene (mPE), virgin micro-polyvinylchloride

82 (mPVC), micro-polyethylene terephthalate (mPET), or MP mixtures in fish *Sparus aurata* or sea
83 urchins *Tripneustes gratilla* and *Paracentrotus lividus* which showed microparticle ingestion, yet
84 without any major effects on embryonic development, growth rates or stress (Kaposi et al. 2014;
85 Beiras et al. 2018; Beiras and Tato, 2019; Jovanovic et al. 2018).

86 Other studies on crustaceans were conducted using *Aristeus antennatus*, *Daphnia magna*,
87 *Artemia franciscana*, *Gammarus fossarum*, *Gammarus pulex* and *Macrobrachium nipponense* to
88 test the effects, if any, of MP exposures including mPE, and several other MPs and MP mixtures.
89 The findings confirmed exposure through ingestion of MPs, yet without any major discernable
90 adverse effects (Frydkjær et al. 2017; Straub et al. 2017; Carreras-Colom et al.; 2018; Kokalj et al.
91 2018; Weber et al. 2018; Li et al. 2020a). Similar results were reported in two other studies of MP-
92 associated effects in mussels *Dreissena polymorpha* and *Mytilus galloprovincialis* which, again,
93 failed to show any relevant adverse outcomes (Magni et al. 2018; Gonçalves et al. 2019).
94 Rochman et al. (2017) evaluated the effects of four different MPs in a clam and sturgeon model
95 (*Corbicula fluminea* and *Acipenser transmontanus*, respectively), failing to find pertinent adverse
96 outcomes except for slight bioaccumulation in clams, but a lack thereof in sturgeons. Other fish
97 species were tested for MP-associated effects using several MP types; beyond ingestion and
98 bioaccumulation in lower trophic aquatic biota (i.e. clams), no effects were detected in early life
99 stages or on lipid peroxidation (Jovanović et al. 2018; Rainieri et al. 2018).

100 Altogether, the negative results summarised in Table 1 suggest that some biota failed to
101 exhibit, or some laboratory bioassays failed to induce detectable MP-associated damage. These
102 lack of effects do not extend to all biota as demonstrated in the studies presented in Table 2.

103

104 **3. MP- associated adverse effects in biota**

105 The toxicity of various MP/NPs across different organisms, expressed through a number of
106 adverse effects, are summarised in Figure 2 and Table 2. The top three most commonly observed
107 changes were related to physical effects, oxidative stress and reproduction. Moreover, there is a
108 large amount of literature investigating the toxicity of MP/NPs in aquatic biota, whereas research in

109 terrestrial models (such as humans and rodents) is currently more limited (Figure 3). This
110 represents a significant knowledge gap considering that MPs are present in terrestrial ecosystems
111 due to accidental loss and poor waste management (de Souza Machado et al. 2018; Dris et al.
112 2016). Furthermore, the toxic effects of PS are more commonly explored with significantly less
113 attention paid to other MPs/NPs. This clearly indicates the need for further targeted investigations
114 based on polymer type as there is a broad variety of plastic particles present in the environment,
115 including PE, PET, PVC and PMMA.

116 It has been reported that exposures to MPs can lead to altered behaviour and subsequent
117 impacts on survivorship and mortality rates. For example, a recent report by Mak et al. (2019)
118 found that zebrafish, *Danio rerio*, exposed to mPE, underwent altered gene expression (*cyp1a* and
119 *vtg1*) and abnormal behaviour. Further, Lei et al. (2018) provided evidence of MP-associated
120 toxicity in *D. rerio* and in a nematode (*Caenorhabditis elegans*) exposed to five different MPs. In
121 their study, changes in development, heart rate, swimming activity, body length and reproduction
122 were pronounced (Lei et al. 2018). Exposure to virgin and aged MPs was also found to affect
123 behaviour in *Sparus aurata*, with fish more active during feeding and bolder in their interactions
124 with other individuals (Rios-Fustera et al., 2021). In contrast, exposure of European bass
125 *Dicentrarchus labrax* over 90 days to mPVC (<300 µm) added to feed at concentrations of 0.1%
126 w/w was not found to result in altered behaviour although caused significant histopathological
127 alterations in the distal intestine which could with time affect feeding patterns (Pedà et al. 2016).

128 Studies in echinoderms (e.g. sea urchin bioassays) reported similar developmental toxicity in
129 several MP types, including mPE, mPS and mPVC, and their leachates. In some instances, these
130 leachates displayed more severe effects compared to mPS alone such as in *Paracentrotus lividus*
131 (Martínez-Gómez et al. 2017; Oliviero et al. 2019) and in the mussel *Perna perna* (Gandara e Silva
132 et al. 2016), whereas the opposite effect was detected in *Lytechinus variegatus* by Nobre et al.
133 (2015). Other research teams documented decreased larval size in mPS-exposed *P. lividus* larvae,
134 along with growth inhibition or developmental defects in other tested aquatic biota (ascidians,
135 insects, corals, bacteria, microalgae, and rotifers) (Chapron et al. 2018; Messinetti et al. 2018;

136 Gambardella et al. 2018; Mouchi et al. 2019; Natarajan et al. 2020; Parenti et al. 2020). In a
137 recent study, urchin *Sphaerechinus granularis* displayed significantly increased developmental
138 defects in pluteus larvae either exposed during embryogenesis or in the offspring of mPS and
139 mPMMA -exposed sperm (Trifuoggi et al. 2019). Additionally, cytogenetic anomalies and
140 mitotoxicity were also observed in *S. granularis* embryos exposed to these MPs (Trifuoggi et al.
141 2019).

142 These types of physical effects (including developmental defects) were not constrained to
143 echinoderm models, but were also detected in crustacean *D. magna* where growth inhibition was
144 prominent (Martins and Guilhermino, 2018). In their study, Martins and Guilhermino made the
145 remarkable discovery that exposure to these microplastic polymers not only affected parental
146 mortality and growth inhibition, but these effects were even detectable across four generations of
147 offspring, suggesting transmissible damage to the offspring as similarly observed in echinoderms.
148 Growth inhibition was also commonly reported in crustacean models (*Artemia parthenogenetica*
149 and *Eriocheir sinensis*) along with other related developmental effects such as abnormal
150 ultrastructures of intestinal epithelial cells and increased number of mitochondria and
151 autophagosomes (Wang et al. 2019; Yu et al. 2018).

152 Microalgal (*Chlorella pyrenoidosa*, *Karenia mikimotoi*, *Skeletonema costatum* and *Chlorella*
153 *vulgaris*) and plant models (*Triticum aestivum* and *Cucumis sativus*) were tested for adverse
154 effects of MPs in a number of studies. Biological effects in plant models included reduced
155 photosynthesis and again, growth inhibition following exposures to mPS, mPE or mPVC (Mao et al.
156 2018; Zhao et al. 2019; Qi et al. 2018; Zhu et al. 2019; Hazeem et al. 2020; Li et al. 2020c).

157 Altogether, the data on MP-associated toxicity, obtained in a number of biota, support the
158 hypothesis that exposure to MPs can result in several negative biological outcomes tied to physical
159 development, essential to life and survival.

160

161 **4. MP-associated molecular effects**

162 There is a growing body of literature published on the effects of MP exposures in vertebrate
163 models including mouse, fish and other test models as shown in Table 2.

164 Terrestrial mammals (including mice) exposed to mPS underwent a number of metabolic
165 disorders including altered energy and lipid metabolism, oxidative stress, neurotoxicity, and
166 intestinal barrier dysfunction (Deng et al. 2017; Jin et al. 2018, 2019). Luo et al. (2019a,b)
167 submitted pregnant and lactating mice to mPS exposures, and found transmissible damage in their
168 F1 and F2 offspring in terms of altered metabolic parameters including, for example, alterations in
169 serum triglyceride (TG), total cholesterol (TC), high-density lipoprotein cholesterol (HDL-C) and
170 low-density lipoprotein cholesterol (LDL-C) levels. In zebrafish *D. rerio*, MP-induced gut
171 microbiome dysbiosis affected energy metabolism, glucose metabolism and lipid metabolism (Wan
172 et al. 2019). The same mechanistic pathway of effect could also be true in terrestrial mammals,
173 warranting further investigation.

174 A series of studies on *D. rerio* provided some important mechanistic information on MP-
175 associated molecular effects (Table 2). These effects included dysmetabolic events such as excess
176 expression of proinflammatory cytokines, glutathione S-transferase, cytochrome P4501A1
177 induction, and oxidative stress (Jin et al. 2018; Lei et al. 2018; Batel et al. 2018; Wan et al. 2019).
178 Other fish models, including *Clarias gariepinus*, *D. labrax*, *Symphysodon aequifasciatus* and *S.*
179 *aurata*, were used to test the effects of MP exposures and yielded similar results to those obtained
180 in earlier studies in *D. rerio*, namely increase in proinflammatory markers and oxidative stress
181 response evaluated through the activities of superoxide dismutase and glutathione peroxidase
182 enzymes, as well as the over-expression of a number of dysmetabolic markers (Karami et al. 2016;
183 Espinosa et al. 2018; Granby et al. 2018; Wen et al. 2018; Solomando et al., 2020). In some
184 cases, these effects were explained as the result of MP exposure that could lead to covalent
185 binding with DNA or inhibition of DNA synthesis, contributing to genotoxicity and altered gene
186 expression profiles resulting in altered cell division or DNA replication (Ribeiro et al. 2017). As a
187 result it has been hypothesised that the oxidative stress responses in those cases could be a
188 defense mechanism in response to MP-induced genotoxicity. Other aquatic invertebrate studies in

189 molluscs *Scrobicularia plana* and *Mytilus* spp. corroborated these findings by linking the oxidative
190 stress response to DNA damage and neurotoxicity (Ribeiro et al. 2017; Paul-Pont et al. 2016;
191 Magara et al. 2018). Mao et al. (2018) reported that these findings extended to an algal model (*C.*
192 *pyrenoidosa*) suggesting that the effects of MP-induced genotoxicity, inflammatory and oxidative
193 stress responses extend beyond the animal kingdom.

194 The available literature focuses primarily on mPS, with far fewer reports on the other types of
195 MPs (redox homeostasis, particularly for mPS and molluscs, was recently reviewed by Trestrail et
196 al. 2020); by considering the extensive number of different polymer types, much work needs to be
197 done on testing other MP particles.

198

199 **5. Impacts of NP-exposure on biota**

200 Unlike the literature focused on MP-associated effects, the currently available literature on NP-
201 associated effects is almost confined to nanopolystyrene (nPS), with two exceptions to the best of
202 our knowledge; Brandts et al. (2018) investigated exposure to nPMMA in a *D. labrax*, while Greven
203 et al. (2016) determined the impacts of nano-polycarbonate (nPC) particles in fathead minnow
204 *Pimephales promelas*.

205 Table 2 also summarises the reported effects induced by NPs in a number of test organisms
206 and cell models, including fish, sea urchins, crustaceans, bivalves, nematodes, plants, diatoms,
207 bacteria, and human cell lines (Poma et al. 2019; Xu et al. 2019; Rubio et al. 2020). In each of the
208 NP-focused studies, biological effects were detected, suggesting that a wide array of organisms
209 are sensitive to NP-exposure to the same polymer types, at similar concentrations [see, for
210 example, Chen et al. (2017); Ding et al. (2020); Duan et al. (2020); Sökmen et al. 2020; Jeong et
211 al. (2017)].

212 nPS-associated toxicity in fish (*D. rerio*) was for example demonstrated through
213 developmental abnormalities and maternal transfer to offspring in a study investigating five
214 different NPs, with biological consequences on heart rate, swimming activity, body length and
215 reproduction (Pitt et al. 2018a,b). Other studies of nPS-induced effects in *D. rerio* found

216 dysmetabolic damage including oxidative stress (superoxide-dismutase and glutathione peroxidase
217 enzymatic activity), disrupted glucose metabolism and cortisol levels, and disturbed membrane
218 function (Brun et al. 2019; Parenti et al. 2019; Liu et al. 2019). Investigations in crustacean *D.*
219 *pulex* revealed that genes involved in metabolism, growth regulation, ROS metabolism, and sex
220 difference changed after NP exposure (Zhang et al. 2020). Consistently, NPs had significant effects
221 pertaining to development, fecundity, oxidative stress and response compared to larger particle
222 sizes (MP) of the respective polymers (Jeong et al. 2016; 2018). It was suggested that surface
223 charges (cationic *vs.* anionic) may lead to different uptake and biodistribution, potentially
224 disrupting these physiological processes (Bergami et al. 2016;2017). A number of other crustacean
225 studies were conducted to probe NP-induced effects, including *Daphnia* and *Artemia*. Altogether,
226 these studies found NP-induced anomalies in protein and gene expression, oxidative damage, and
227 delayed larval development, similar to what has been observed in MP exposure studies, but often
228 at lower concentrations (Nasser and Lynch 2016; Bergami et al. 2016; 2017; Zhang et al. 2019;
229 2020; Liu et al. 2018; 2019; Varó et al. 2019; Kelpsiene et al. 2020). These findings are most likely
230 due to increased distribution of these smaller plastic polymers in the organisms' tissues.

231 A report by Della Torre et al. (2014) focused on the comparative effects of two nPS (with
232 carboxylate and amine –functionalised surfaces) in the sea urchin *P. lividus*, and found
233 embryotoxicity in larvae exposed to NH₂-PS, but not to COOH-PS, while both nPS preparations
234 induced different changes in gene regulation. Other studies focused on nPS-induced damage in
235 sea urchin *P. lividus*, reporting on a series of dysmetabolic effects including decreased lysosomal
236 membrane stability, modulated protein and gene profile, and affected cellular phagocytosis
237 (Marques-Santos et al. 2018; Pinsino et al. 2017). These functional effects were not only reported
238 in echinoderm models, but were also observed in mollusc *Crassostrea gigas* (González-Fernández
239 et al. 2018).

240 A set of studies of NP-induced effects in bivalves *Crassostrea* and *Mytilus* resulted in damage
241 to fertilisation, embryogenesis and metamorphosis, and oxidative stress (Canesi et al. 2015; 2016;
242 Balbi et al. 2017; Tallec et al. 2018; González-Fernández et al. 2018; Rist et al. 2019).

243 Other studies focused on the nematode *C. elegans* and on the rotifer *Brachionus koreanus*; when
244 exposed to nPS, these organisms exhibited oxidative stress and inhibition of multi-drug resistance
245 proteins and dysregulated gene expression (Qu et al. 2018; Jeong et al. 2018). Multiple species
246 representing important links in food chains were tested for mPS and nPS exposure; for example,
247 histopathological changes were noted in *D. rerio* liver after treatment with 5 µm PS particles,
248 including necrosis, infiltration and presence of lipid droplets in hepatocytes, in addition to
249 significant changes to the hepatic metabolome (Lu et al. 2016). Furthermore, lipid accumulation
250 and inflammation were accompanied by oxidative stress, as indicated by increased catalase and
251 superoxide dismutase activity, after exposure to both 70 nm and 5 µm particles. In addition, nPS
252 (30-35 nm hydrodynamic diameters) was found able to penetrate embryo walls in *D. rerio* and
253 accumulate in the yolk sac of hatched juveniles, testifying to increased tissue distribution and
254 impacts deriving from maternal transfer to eggs and/or embryos (Pitt et al. 2018a). Altogether,
255 nPS induced multiple adverse effects in the food chains (Mattsson et al. 2017; Chae et al. 2018),
256 including on lower trophic levels such as in plants, diatoms and bacteria (e.g. *Myriophyllum*
257 *spicatum* and *Elodea* sp., *Phaeodactylum tricornutum* and *Halomonas alkaliphila*, respectively)
258 where decreased photosynthesis, growth inhibition and induction of oxidative stress were
259 commonly reported (Bhattacharya et al. 2010; van Weert et al. 2019; Sendra et al. 2019; Sun et
260 al. 2018).

261

262 **6. Knowledge gaps and concluding remarks**

263 The current and growing body of peer-reviewed literature on the effects of MP and NP pollution
264 raises significant environmental concern on a global level. The present review evaluated the
265 multiple outcomes of MP/NP exposures, ranging from a general lack of detectable effects at the
266 organismal level to strong adverse effects ranging from the sub-cellular to the whole organism
267 level. While broad consensus has yet to form on the degree of risk, it is increasingly acknowledged
268 that MP/NPs are materials of concern in the environment and their potential to cause deleterious
269 effects in biota is clearly an issue which should inform environmental policy. Their persistence in

270 the environment and toxicity at environmentally relevant levels are concerning. Nevertheless, it
271 should be recognised that there are still substantial knowledge gaps in the ever growing MP/NP-
272 toxicity field. An important aspect relates to the relative toxicities of the different MPs; this
273 question is more cogently raised for NPs, whose dataset is mostly confined, as yet, to nPS. The
274 imbalance between the number of studies of nPS and those on the broad spectrum of other NPs
275 clearly indicates that much work has yet to be accomplished. Further, gathering such comparative
276 data may help in refining current risk assessment models to establish relative environmental
277 concern when evaluating MP/NP-associated toxicities in the environment (e.g. Lithner et al. 2011).
278 These open questions warrant *ad hoc* investigations.

279 Relevant, yet limited information is available concerning MP- and NP-induced effects in plants,
280 agro-ecosystems and algae, which would have important implications for their possible impact on
281 food webs (Ng et al. 2018; Rillig et al. 2019). The bioavailability of plastics for marine plants
282 should be investigated as well as their accumulation in plant cells in the marine environment in
283 order to extend the currently scarce literature (Bhattacharya et al. 2010; Nolte et al. 2017a,b).

284 The physical shape of MPs encompasses another area of relatively little study but which may
285 be important as an additional driver of toxicity (Jemec et al. 2016). Specifically, most research has
286 focused on MP/NPs that are broadly spherical in shape. However, the degradation of plastics in the
287 environment may produce fibres of various aspect ratios or 'jagged'-edged particles which might
288 not physically or biologically impact in the same way as spherical particles, for example in terms of
289 uptake and accumulation in biota or leaching of chemicals (Choi et al., 2021). Moreover,
290 replacements for traditional plastics such as biodegradable polymers, though catching the public
291 imagination as a means to reduce human impact on the environment, also have not been
292 investigated in sufficient detail, particularly as the polymer degradation products may themselves
293 form MP fragments and particles and become available to biota (Green et al. 2016). In addition,
294 while microparticulate plastics remain the focus of much research, the potential degradation of
295 polymer-based textiles to also release even finer plastic fragments and secondary chemicals such

296 as dyes and plasticisers during use and laundering has received insufficient attention to date (Dalla
297 Fontana et al. 2020; Klein et al. 2021).

298 MP/NPs have most regularly been investigated in isolation from other contaminants which may
299 be concomitantly present in the environment (Rainieri et al. 2018). Recent studies of mPS as a
300 vector for certain hydrophobic contaminants have shown that interaction between plastic polymers
301 and pollutants such as PCBs for example exhibit complex behaviour in simulated gut fluid of worms
302 and fish (Mohamed Nor and Koelmans 2019). MPs may also even act as a vector for pathogenic
303 fish bacteria (Viršek et al. 2017). Similarly, nPS showed bioaccumulation in *D. rerio* by modulating
304 Au toxicity (Lee et al. 2019). The relatively scarce knowledge in this area and the enormous
305 potential for synergistic, additive or antagonistic effects of pollutants adsorbed on MPs – and
306 presumably NPs - indicates a relatively unmet need for research to understand the ability of
307 MPs/NPs to act as carriers of harmful substances. In addition, impacts deriving from a range of
308 other multi-stressors concomitantly present including, for example, engineered nanoparticles and
309 abiotic parameters such as temperature, UV intensity etc., which may modulate the physico-
310 chemical behaviour of MP/NPs in the environment and the co-transport of pollutants in organisms,
311 present a significant risk in terms of potential toxicity (Ferreira et al. 2016). However, studies on
312 such aspects remain relatively limited in number.

313 Another important knowledge gap to consider stems from the fact that the overwhelming
314 majority of literature is based on aquatic biota, in spite of the fact that MP pollution extends to
315 terrestrial locations (see for example Dris et al. 2016) such as landfills. This may be regarded as an
316 under-investigated source of MP and NP contamination (He et al. 2019) and it will be important in
317 the future to verify the impact of MP/NP pollution on terrestrial biota, and by extension on human
318 health, due to potential trophic transfer.

319 Overall, research on deleterious effects of MP/NPs in biota has focused to a great degree on
320 specific organisms, with relatively few studies taking a broader perspective, for example
321 considering trophic transfer of these materials in simplified food webs. This represents a weak
322 point in current approaches as the significance of negative biological impacts, e.g. oxidative stress,

323 energetic deficiencies affecting growth, or transmissible damage to offspring, in organisms has
324 oftentimes not been translated into a deeper understanding of the wider ecological consequences
325 at community or ecosystem levels. Furthermore, the tests used for probing the biological effects of
326 MPs might themselves not be fit for purpose in every case, and there is inadequate focus on using
327 appropriate controls (Catarino et al. 2019). In terms of widely used biochemical tests, it is clear
328 that they present only one facet of the toxicological profile of MP/NPs, and future research in this
329 area will need to focus greater attention on '-omics' approaches which may uncover deeper or
330 more subtle effects on, for example, the transcriptome. This is further highlighted by the fact that
331 many chemicals that may leach from polymer particles do not give rise to acute toxicity (most
332 common type of test conducted) but rather may have low level, though important, chronic effects
333 such as seen with endocrine disrupting chemicals.

334 Another important issue is that MP/NPs must be characterised such that their physical
335 properties can be related to the effects they induce in biota. In particular, completing the matrix of
336 particle property versus biological effect may eventually permit read-across, allowing predictions to
337 be made about the potential effects of new MPs based on the properties of similar particles
338 already tested. While progress is being made in this regard, we are still some way from being able
339 to implement the adverse outcome pathway paradigm, relating biological effects at cellular or sub-
340 cellular level to impacts at the whole organism level which become relevant for risk assessment. Of
341 course, it must be borne in mind that there are currently important limitations to the analytical
342 chemistry toolbox in terms of being able to characterise very small polymer particles, with
343 microparticles of diameter $\sim 1 \mu\text{m}$ typically representing the lower limit. Thus, characterising
344 polymer particles with diameters in the nano-scale range, or tracking their transport in biota or
345 uptake in cells and tissues, remains an enormous challenge which still remains to be met.

346 It is clear that significant strides have been made over the past several years in understanding
347 the potential threat MP/NPs may present, and interest in this area as a topic of research is growing
348 rapidly. Even though there are a number of important aspects outlined herein which have not
349 received sufficient attention to date, and unaddressed would hinder further advances in the area,

350 the increasing body of literature in this field may be viewed as a measure of the scientific
351 community's resolve to answer these questions, ultimately relating materials' physical and chemical
352 properties to an organism's biological response and eventually to broader ecological effects.

353

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357

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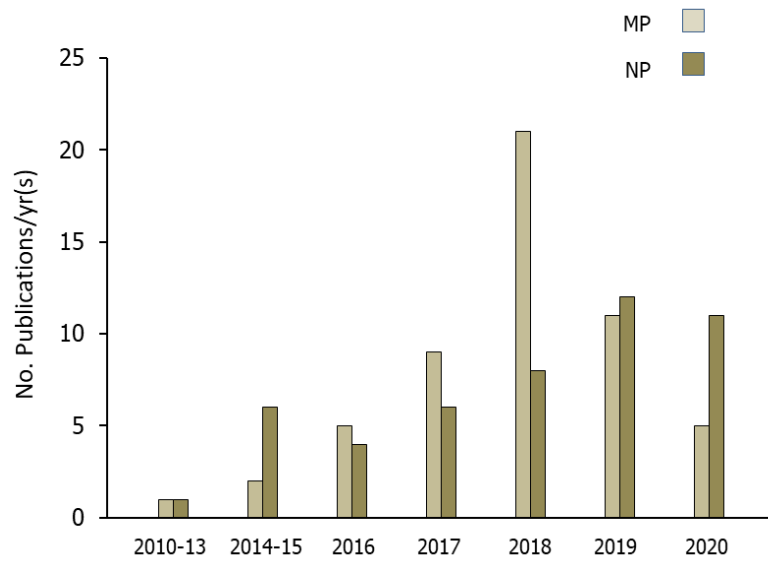
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803 **Figure 1**

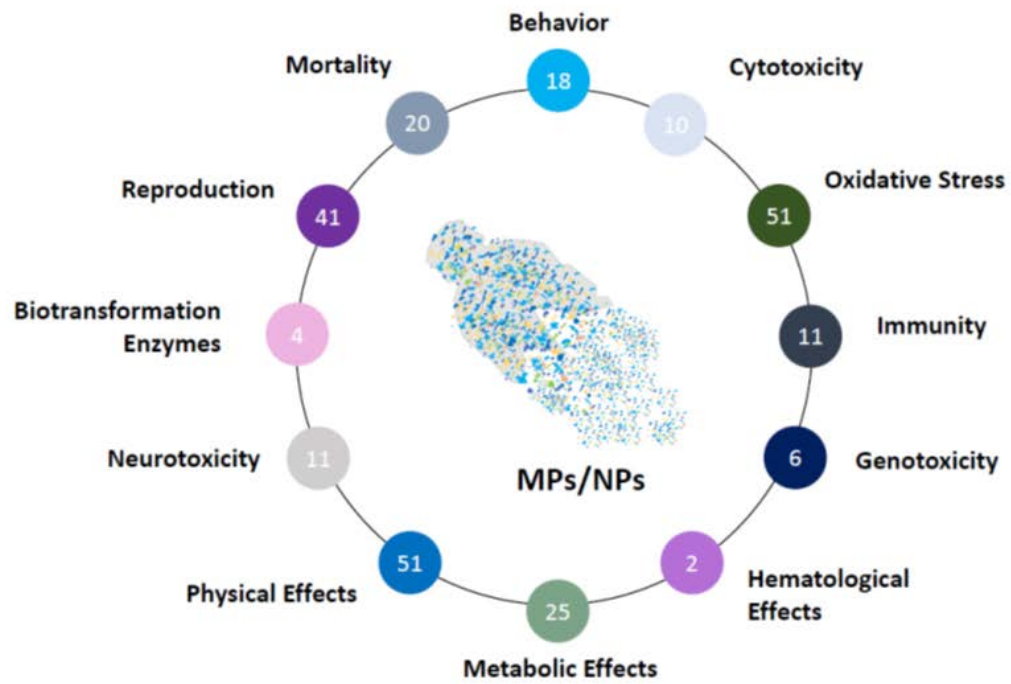


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807 **Figure 2**



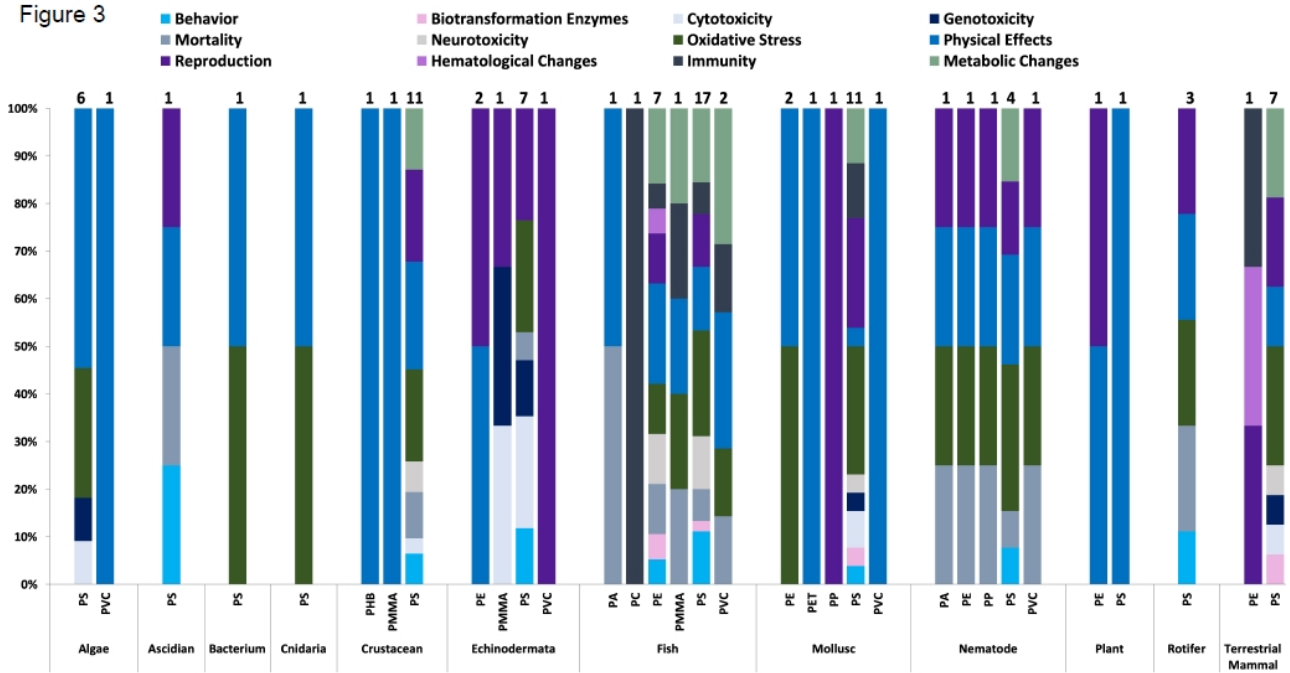
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809 **Figure 3**

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