



Article A Comparative EPR Study of Non-Substituted and Mg-Substituted Hydroxyapatite Behaviour in Model Media and during Accelerated Ageing

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Abstract: To assess the application potential of novel biomaterials, their behaviour in model media and upon sterilization should be investigated, as well as the stability related to their storage conditions. Such data are lacking for Mg-substituted HAP (Mg-HAP). Therefore, the changes in the local structure of non-substituted and Mg-HAP after irradiation and immersion in corrected simulated fluid and saline solution for 28 days were followed by electron paramagnetic resonance (EPR) spectroscopy for the first time. To better understand the stability of radical species induced by sterilization, EPR spectra of samples kept for 2 h at temperatures up to 373 K were recorded to provide an insight into the stability of the sample storage conditions by the accelerated aging method. Samples were characterized by PXRD, FTIR, SEM, EDS, AAS and TGA. Results confirmed that irradiation does not induce changes in the composition or the structure of any of the investigated materials. Fading or the complete disappearance of radical signals in the EPR spectra after immersion in both media was accompanied by the disappearance of other phases formed as a minor byproduct in the synthesis of substituted HAP, as confirmed by PXRD and FTIR analysis. Obtained results confirm the great potential of Mg-HAPs for biomedical applications, although closer attention should be given to the processes related to sample storage stability at different temperatures.

Keywords: ion-substituted hydroxyapatite; magnesium; electron paramagnetic spectroscopy; simulated body fluid; saline

1. Introduction

Hydroxyapatite (HAP, $Ca_{10}(PO_4)_6(OH)_2$) is the thermodynamically most stable calcium phosphate (CaP) phase and is often considered the most similar among different CaPs to the mineral component of vertebrate's hard tissues [1]. In addition, HAP has excellent cytocompatibility and osteoconductivity, making it one of the most investigated



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Copyright: © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). materials in bone tissue engineering [2–4]. However, the mineral component of hard tissues, so-called biological apatite, is non-stoichiometric, poorly crystalline, ion-substituted hydroxyapatite [1,2,5]. Due to the specific biological roles that substitute ions have in bone metabolism, introducing substitute ions into HAP structure attracts increased attention as a way of increasing its bioactivity [2,6–9]. The crystal structure of stoichiometric HAP allows for several different anions and cations to be used as substitutions [6,7]. Although two HAP polymorphs are known, hexagonal and monoclinic, the monoclinic form is unstable even when a small amount of foreign ions are present and, therefore, in general, it is not found in biological apatites [7]. HAP's unit cell contains 10 calcium ions, 6 phosphate ions and two OH $^-$ groups [6,10]. In the hexagonal form two different cation sites (Ca(I) and Ca(II)) are present, as well as one independent phosphate site. Small cations in addition to small amounts of larger cations can be accommodated at the Ca(I) site, while large cations can be accommodated at the Ca(II) site. Anions like F^- and Cl^- can substitute OH^- or PO_4^{3-} positions, while CO_3^{2-} can be accommodated at both sites [7]. Since the ions of different valences can be used as substitutions, to maintain electroneutrality, the positions of OHgroups can be left vacant [7,10]. In biological apatites, Ca⁺ ions can be substituted with Na^+ , K^+ , Mg^{2+} , Sr^{2+} , PO_4^{3-} or HPO_4^{2-} ions with CO_3^{2-} and OH^- ions can be substituted with F^- , Cl^- , CO_3^{2-} [6]. Among the different possible substitute ions, Mg^{2+} attracts special attention as it is an important trace element in bone and teeth [1,11,12]. It plays a key role in bone metabolism since it influences osteoblast and osteoclast activity, and thereby bone growth. Moreover, a lack of magnesium is associated with decreased osteoblast activity, bone fragility, and osteoporosis [2,13–15]. Simultaneously, it is beneficial in processes like cell proliferation and differentiation, as well as osteoconductivity and resorption [2].

The majority of the investigations of Mg-substituted HAPs (as well as other ionsubstituted HAPs) are focused on developing efficient preparation techniques, determining the maximum amount of substitution that can be achieved, as well as determining the effect that certain ions or a combination can have on the structure and biological behaviour of ion-substituted apatites [6,7,16,17]. Only recently, the behaviour of ion-substituted apatites in media relevant for their application started to intrigue experts from various fields. For example, Andrés et al. showed that the degradation rate of Mg substituted HAP in PBS, PBS with lysozyme, and acetate buffer increases with increasing Mg content [18]. The surface of multi-substituted HAP nanoparticles (Mg, Zn, Sr, Si–HAP and Mg, Zn, Si–HAP) was shown to be more susceptible to dissolution in SBF (simulated body fluid) and water due to the lattice strain provoked by the simultaneous multi-substitution of ions in the structure of HAP [19]. However, to date, no data on the changes in the local structure of Mg-substituted HAP during exposure to different media has been published.

Moreover, the characterisation of ion-substituted HAPs after sterilization and during storage is necessary to get a better overview of the effect of different substitutes, as well as the sterilization procedure and storage conditions on their physical-chemical properties. Currently, the most efficient sterilization method for the inactivation of bacteria and microorganisms in biomaterials is gamma irradiation, due to its high penetrating ability, uniformity, and time-dependent delivery of the required doses which increases product safety [20].

However, the current literature provides different information about the effects of the different irradiation on the formation and stability of the free radicals in the bone graft materials during and after the sterilization procedure [21,22]. Accordingly, the post radiation behaviour is highly dependent on the structure of the bone grafts and their constituents, especially additives like polymers, and it also depends on the different type of radiation and dose value applied, therefore further investigations are needed [23–26]. On the other hand, gamma radiation induces defects or free radicals in the material with a different nature and structure, which depend on the composition and the synthesis conditions of the samples. In addition, they can present different behaviour in physiological solutions [19]. Furthermore, due to the importance of the shelf-life of the material for biomedical applications and storage conditions, the accelerated ageing method is used. The

primary reason for using accelerated-aging techniques in the quality testing of a materials is to bring the product to market at the earliest possible time. The aging of materials refers to the variation of their properties over time, the properties of interest being those related to safety and efficacy. Accelerated product aging can be defined as a procedure that seeks to determine the reaction of a material under normal-usage conditions over a relatively long time, by exposing the product to stresses for a much shorter time, i.e., higher temperatures are more frequently or more severely applied than normal environmental or operational stresses [27]. Such investigations are scarce in the literature.

In order to fill this void, EPR (electron paramagnetic resonance) spectra of Mgsubstituted hydroxyapatite (Mg-HAP) and non-substituted HAP (HAP) sterilized by gamma irradiation, before and during immersion in corrected simulated body fluid (c-SBF) and saline solution (SS), were acquired and analysed. In addition, the changes during accelerated ageing were also followed. EPR spectroscopy was chosen since it is the established method for the detection and identification of free radicals and defects, no matter the crystalline state, with high sensitivity which can reach up to one detected defect out of 10⁷ molecules. Further advantages are non-invasive measurement and the possibility to monitor samples for a long time without any influence on the stability [28]. Compared to other methods, EPR spectroscopy can give insight into the microstructure and changes of the local environment in the lattice of HAP induced by different substitutes and the sterilization procedure. It can also detect the changes during immersion in different media, that mimic physiological conditions, or during storage.

2. Materials and Methods

2.1. Materials

Analytical grade chemicals calcium chloride (CaCl₂), sodium hydrogenphosphate (Na₂HPO₄), sodium chloride (NaCl), sodium hydrogencarbonate (NaHCO₃), potassium chloride (KCl), di-potassium hydrogen phosphate trihydrate (K₂HPO₄·3H₂O), magnesium chloride hexahydrate (MgCl₂·6H₂O), sodium sulfate (Na₂SO₄), Tris-hydroxymethyl aminomethane ((HOCH₂)₃CNH₂, Tris), hydrochloric acid (HCl), sodium hydroxide (NaOH), calcium nitrate tetrahydrate (Ca(NO₃)₂·4H₂O) and magnesium nitrate (Ca(NO₃)₂·4H₂O) were obtained from Sigma Aldrich (Steinheim am Albuch, Germany). Saline solution Ultrapure water (UPW) was used in all experiments. Di-ammonium phosphate ((NH₄)₂HPO₄) was purchased from Carlo Erba (Val de Reuil, Normandie, France), while calcium nitrate (Ca(NO₃)₂) was purchased from Brenntag (Chassieu, Auvergne-Rhône-Alpes, France). The saline solution used in this study was a 0.9 % NaCl solution by B. Braun (Rottweil, Germany).

2.2. Synthesis of Non-Substituted Hydroxyapatite and Mg-Substituted Hydroxyapatite

Hydroxyapatite was synthesised according to the procedure described by Chamary et al. [29]. For that purpose, a di-ammonium phosphate solution $(NH_4)_2HPO_4$ was added in a controlled manner to a calcium nitrate solution $Ca(NO_3)_2$, in a jacketed reactor under mechanical stirring. An ammonia solution maintained the alkaline (pH 8) conditions needed in the reactor. The reaction (Equation (1)) took place at 50 °C for 20 h. The solution was then filtered, and the solid matter was dried at 90 °C for 48 h.

$10Ca(NO_3)_2 (aq) + 6(NH_4)_2 HPO_4 (aq) + 8NH_4 OH (aq) \rightarrow Ca_{10}(PO_4)_6 (OH)_2 (s) + 20NH_4 NO_3 (aq) + 6H_2 O$ (1)

For the synthesis of Mg-substituted HAP, 100 mL of $(NH_4)_2HPO_4$ solution $(c = 0.299 \text{ mol } dm^{-3})$ was added in a controlled manner to 200 mL of solution containing Ca $(NO_3)_2 \cdot 4H_2O$ ($c = 0.244 \text{ mol } dm^{-3}$) and Mg $(NO_3)_2 \cdot 6H_2O$ ($c = 0.006 \text{ mol } dm^{-3}$). The reaction mixture was heated under reflux at 100 °C for 5 h. During heating, urea and urease were added and a pH of 8.8 was obtained. The product was filtered, washed with MilliQ water and ethanol, and dried at 120 °C for 24 h.

2.3. Immersion in Corrected Simulated Body Fluid (c-SBF) and Saline Solution (SS)

c-SBF and SS were chosen as the model media for saliva and human blood plasma, respectively.

Corrected simulated body fluid was prepared using the procedure described by Kokubo and Takadama [30]. As prepared c-SBF contains 142 mM Na⁺, 5 mM K⁺, 1.5 mM Mg²⁺, 2.5 mM Ca²⁺, 147.8 mM Cl⁻, 4.2 mM HCO₃⁻, 1.0 mM HPO₄²⁻ and 0.5 mM SO₄²⁻, 10 mg of HAP and Mg-substituted HAP were added in 2 mL Eppendorf tubes along with 1 mL c-SBF. The tubes were kept in a thermostated water bath at 37 °C for 28 days. The c-SBF was exchanged every day by centrifugation and decantation. The solid phase was filtered on the 1st, 14th, and 28th day through 0.45 µm Millipore filter paper, washed 3 times with MilliQ water, one time with ethanol, and dried in nitrogen gas flow. The samples were kept in a desiccator until further analysis.

2.4. Sample Irradiation

All samples were irradiated in the presence of air at room temperature by using gamma rays from the panoramic Co-60 irradiator in the Radiation Chemistry and Dosimetry Laboratory at the Ruđer Bošković Institute. The total dose was 25 kGy. Dose mapping of the irradiation facility has been performed experimentally (using ionizing chambers and an ECB dosimetric system) and by simulation calculations [31].

2.5. Characterization Methods

2.5.1. Powder X-ray Diffraction (PXRD)

PXRD patterns were recorded on Panalytical Aeris Research Edition (Malvern Panalytical, Malvern, UK) in Bragg–Brentano geometry using CuK α radiation in an angular scan range from 5° to 70° 2 θ using a step size of 0.02° 2 θ and a scan rate of 1° min⁻¹.

2.5.2. Fourier Transform Infrared Spectroscopy (FTIR)

FTIR spectra of the samples were recorded on a Tensor I, Bruker, FTIR spectrometer equipped with an attenuated total reflection module (Ettlingen, Germany) in the range from 4000 cm⁻¹ to 400 cm⁻¹, with a resolution of 1 cm⁻¹. The presented spectra are the average of 16 scans.

2.5.3. Scanning Electron Microscopy (SEM) and Energy Dispersive Spectroscopy (EDS)

The morphology of the solid phases was determined by a field emission scanning electron microscope FE-SEM; JEOL JSM-7000F microscope operated at 5.0 kV (Tokyo, Japan). For SEM analysis a required amount of powder was placed on a sample holder covered with carbon glue and the excess powder was removed by gentle nitrogen gas flow. EDS analysis was performed by Eds Inca Energy 350 system (Oxford Instruments, High Wycombe, UK) connected to FE-SEM.

2.5.4. Atomic Absorption Spectrometry (AAS)

For AAS analysis all samples were dissolved in HCl(conc):H₂O (1:1 v/v) solution. Determination of Mg content was performed on AAnalyst 200 Atomic Absorption Spectrometer (PerkinElmer, Waltham, MA, USA).

2.5.5. Thermogravimetric Analysis (TGA)

Thermogravimetric analysis was performed using a Mettler TG 50 thermobalance equipped with a TC 10 TA processor (Mettler Toledo, Columbus, OH, USA). The samples were heated over the temperature range of 25–300 °C at a rate of 10 °C/min and under a dynamic air atmosphere. The weight loss was recorded as a function of temperature.

2.5.6. Electron Paramagnetic Resonance (EPR) Spectroscopy

The EPR spectra of all samples were recorded on a Varian E-109 EPR spectrometer (Palo Alto, CA, USA) operating at 9.29 GHz, equipped with a Bruker ER 041 XG microwave

bridge. Spectra were acquired using EW (EPRWare) Scientific Software [32]. The magnetic field was calibrated with a manganese standard reference (Mn^{2+} in MgO). The spectra acquisition of samples that were immersed was performed at room temperature. The behaviour of species induced by gamma radiation was studied at 343 K, 353 K, 363 K and 373 K for all samples without previous immersion in media. Temperature was controlled using a Bruker ER 4111 VT variable-temperature unit with a N₂ (cold/normal) gas flow. The spectroscopic parameters were as follows: modulation amplitude 0.11 mT, magnetic field sweep 20 mT, central magnetic field 330.8 mT, and microwave field power 1.99 mW. Spectra were divided by the mass of the corresponding sample and the receiver gain applied for the single measurement so they could be properly compared. When comparing the signal intensities, the parameter of interest was the double integral of the EPR signal.

3. Results

3.1. Characterisation of HAPs before and after Irradiation

PXRD patterns, FTIR spectra and SEM micrographs of non-substituted HAP and Mg-substituted HAP, before and after irradiation are shown in Figures 1–3, respectively.



Figure 1. PXRD patterns of (**a**) non-substituted hydroxyapatite (HAP) and (**b**) Mg-substituted HAP (Mg-HAP) starting powder, powder irradiated to 25 kGy, and powders after immersion in corrected simulated body fluid (c-SBF) and saline solution (SS) for 1–28 days at 37 $^{\circ}$ C.

The powder diffraction pattern of synthesized, non-doped HAP contains a number of sharp peaks, indicating good crystallinity (Figure 1a). The most prominent peaks were detected at 2θ 10.86°, 25.91°, 31.81°, 32.25° and 32.95° corresponding to (100), (002), (211), (112) and (300) reflections of HAP (Table S1, JCPDS 09-0432). In the FTIR spectra (Figure 2a) vibrational bands of phosphate and hydroxy groups characteristic of HAP were observed (Table S2). The vibrations of phosphate groups were observed at 1087 cm⁻¹ and 1024 cm⁻¹ corresponding to v_{3a} and v_{3c} triply degenerate asymmetric stretching mode of P-O bonds, respectively; at 963 cm⁻¹ corresponding to v_1 non-degenerate symmetric stretching mode of P-O bonds, respectively; and at 474 cm⁻¹ corresponding to v_{2a} double degenerate bending mode of O-P-O bonds [33]. Two bands characteristic of vibration of the

hydroxy group were observed, one at 3573 cm⁻¹ ν_s corresponding to the stretching mode and the other at 629 cm⁻¹ corresponding to the vibrational mode of the hydroxyl group [33]. A SEM micrograph revealed that HAP was formed in the shape of irregular prismatic crystals (Figure 3). EDS analysis confirmed the presence of Ca, P and O (Figure S1a).



Figure 2. FTIR spectra of (**a**) non-substituted hydroxyapatite (HAP) and (**b**) Mg-substituted HAP (Mg-HAP) starting powder, powder irradiated to 25 kGy, and powders after immersion in corrected simulated body fluid (c-SBF) and saline solution (SS) for 1–28 days at 37 $^{\circ}$ C.



Figure 3. SEM images of non-substituted hydroxyapatite (HAP) and Mg-substituted HAP (Mg-HAP) after immersion in corrected simulated body fluid (c-SBF) and saline solution (SS) for 14–28 days at 37 °C. Scale bar is 1 μ m.

The PXRD pattern of Mg-HAP contains the peaks characteristic of HAP (Figure 1b), the most intensive at 2θ 25.90°, 29.01°, 31.19°, 32.17° and 32.95° corresponding to (002), (210), (211), and (112) reflections of HAP (Table S3). The peaks are broader compared to the non-substituted HAP (Figure 1a) in accordance with previous studies [14,34–36].

This is especially pronounced for the peaks in 2θ region $30-35^{\circ}$. Additionally, several lowintensity HAP peaks were not observed. In addition to lower crystallinity, this indicates the formation of the apatitic phase [1,36,37]. Together with HAP peaks, a low-intensity peak at 2θ 37.71° characteristic of Mg(OH)₂ was observed [38,39]. In addition to the phosphate and water bands observed in the FTIR spectrum of non-substituted HAP (Figure 2a), bands corresponding to the vibration of H₂O at 3564–3000 cm⁻¹ and 1633 cm⁻¹, CO₃²⁻ bands at 1426 cm⁻¹, 1321 cm⁻¹ and 873 cm⁻¹ [14,38], a P₂O₇⁴⁻ band at 828 cm⁻¹, and a band at 715 cm⁻¹ were observed (Figure 2b). The presence of a water band, in the region 3564–3000 cm⁻¹, indicates the higher affinity of Mg-HAP surfaces for binding water molecules [40]. In addition, the hyperfine structure of the phosphate bands in the region 1134–914 cm⁻¹ was lost, also indicating the lower crystallinity of Mg-HAP compared to HAP. A SEM micrograph revealed the formation of aggregated leaf-like crystals (Figure 3), while EDS spectra confirmed the presence of magnesium in the material (Figure S1b). The content of Mg in the sample was 0.25% as determined by AAS.

The EPR spectra (not shown) of non-irradiated HAP and Mg-substituted HAP contained no signal, which confirmed the purity of synthesis and the absence of metal and trace ions. Therefore, samples were irradiated to 25 kGy, the golden dosage usually used for sterilization of biomedical materials [41]. As expected, no change in the structure and composition of both samples was detected after irradiation, as shown in the PXRD patterns and FTIR spectra (Figures 1 and 2, Tables S1–S4).

The EPR spectra of non-substituted HAP and Mg-substituted HAP irradiated to 25 kGy are shown in Figure 4. Two dominant signals observed in EPR spectra of both samples were assigned to CO_2^- and NO_3^{2-} radicals. The CO_2^- radical was most probably incorporated during the synthesis performed in the presence of air [42,43]. The g-values of CO_2^- signals of non-substituted HAP and Mg-substituted HAP differ within the measurement error and amount to $g_x = 2.0035 \pm 0.0002$, $g_z = 2.0015 \pm 0.0002$ and $g_y = 1.9976 \pm 0.0002$, which is in accordance with previous EPR studies concerned with free radicals and defects in calcium phosphates, bones and tooth enamel [21,22,43–47]. Furthermore, NO_3^{2-} radical was probably incorporated during synthesis and it was detected primarily in non-substituted HAP. Its g-values were: $g_x = g_y = 2.0057 \pm 0.0002$ and $g_z = 2.0017 \pm 0.0002$, in accordance with already reported values [48,49].

In addition to these two dominant signals, EPR spectra of Mg-substituted HAP compared to EPR spectra of non-substituted HAP show additional peaks of varying intensity in the magnetic field range from 328.67 mT to 331.01 mT, which correspond to the g-value range from 2.0199 to 2.0056. The assignation of each of these peaks is challenging, time demanding, and out of the scope of this paper. The lack of published research concerning EPR spectra of Mg-substituted HAP makes this task even more arduous. However, the EPR spectrum of Mg-substituted HAP was similar to that of bovine hydroxyapatite reported by Kusrini and Sontang [50].

3.2. Behaviour in Model Media

Upon immersion of HAP in both c-SBF and saline solution, after 14 days a lowintensity amorphous maximum was detected in the range 2θ app. $13^{\circ}-15^{\circ}$. The intensity of this maximum decreased with time, which could indicate the formation of a new phase (Figure 1a). No changes were observed in the FTIR spectra (Figure 2 and Table S2). In addition, no significant change in the morphology of HAP was observed (Figure 3), except after 28 days of immersion in SBF. In that case, the small and thin leaf-like crystals were sparsely formed on the surface of the HAP crystals (denoted by arrows in Figure 3). The observed behaviour could be a consequence of HAP being the most thermodynamically stable CaP phase in physiological conditions [1,51].



Figure 4. EPR spectra of (**a**) non-substituted hydroxyapatite (HAP) and (**b**) Mg-substituted HAP (Mg-HAP) irradiated to 25 kGy and after immersion in corrected simulated body fluid (c-SBF) and saline solution (SS) for 1–28 days at 37 $^{\circ}$ C.

In the case of Mg-HAP, upon immersion in c-SBF and saline solution, peaks corresponding to (110), (111), (210), (112) and (310) HAP reflections, as well as a low-intensity Mg(OH)₂ peak, disappeared after 1 day of immersion (Figure 1b). The low-intensity amorphous maximum in 2θ range app. 12–15° was observed after 14 days of immersion in both media, similar to non-substituted HAP. In addition, low-intensity peaks at around 45.5° and 56.5°, not present in untreated Mg-HAP, were also detected. The FTIR spectra of the samples immersed in both media did not contain a water vibration band in the region of 3564–3000 cm⁻¹, a band at 1633 cm⁻¹, a band at 828 cm⁻¹, or a P₂O₇⁴⁻ band at 715 cm⁻¹ which were present in the spectra of untreated Mg-HAP (Figure 2b and Table S4). In addition, the intensity of CO bands in the region of 1450–1330 cm⁻¹ decreased compared to the intensity of corresponding phosphate bands in the region of 1100–1000 cm⁻¹. The leaf-like crystals appeared more developed after immersion in c-SBF for 14 and 28 days than in saline solution after 28 days (Figure 3). No significant change was observed in the morphology of the sample immersed in saline solution after 28 days.

The EPR signals of both HAP and Mg-HAP immersed in model media decreased over time and after 28 days they were completely or mostly absent (Figure 4). The fading or disappearance of signals implies the possibility of some form of sample stabilization in conditions that imitate physiological ones, which is quite promising considering the possible medical applications of hydroxyapatites, both substituted and unsubstituted. In Figure 5 the decay of the double integral of the signal expressed in % relative to the sample that was only irradiated to 25 kGy is shown. The difference between the signal decrease of the samples treated with c-SBF and saline solution is within the estimated measurement error when compared 28 days after immersion. This indicates that although the decay rates are different for the two samples, the two media could have a similar effect on radiation-induced radicals in HAP and Mg-substituted HAP and could be a prediction of similar



behaviour when applied as hard tissue regeneration implants, despite the differences in the structure and composition of the two samples.

Figure 5. Dependence of double integral of the signal on the number of days of immersion (**a**) corrected simulated body fluid (c-SBF) and (**b**) saline solution (SS) at 37 °C of non-substituted hydroxyapatite (HAP) and Mg-substituted HAP (Mg-HAP) irradiated to 25 kGy.

3.3. Thermal Behaviour-Accelerated Ageing

In order to determine the stability of radicals that were formed due to sterilization with gamma radiation, EPR spectra of non-substituted HAP and Mg-substituted HAP were recorded at four different temperatures (343 K, 353 K, 363 K and 373 K) during at least 2 h of heating. These results could provide additional information about the behaviour of free radicals in conditions such as storage and transport [27].

To determine that no structural or compositional changes occurred in HAPs, PXRD patterns were recorded after 2 h of heating at the desired temperature (Figure 6). In addition, a thermogravimetric analysis of both samples was performed to show any possible change that could be manifested through loss in mass (Figure S2). Such data could narrow the possible phenomena underlying the results obtained by EPR.



Figure 6. PXRD patterns of (**a**) non-substituted hydroxyapatite (HAP) and (**b**) Mg-substituted HAP (Mg-HAP) irradiated to 25 kGy after heating at 343 K, 353 K, 363 K and 373 K for 2 h.

No changes were observed in HAP patterns (Figure 6a). In the case of Mg-HAP (Figure 6b) the intensity of the peak at 2θ 32.95° varied with temperature. Since no direct relationship between the changes in intensity and increase in temperature could be drawn, this change could be caused by the inhomogeneity of the sample.

To confirm that no substantial change occurred due to the heating up to 373 K, TGA analysis was performed (Figure S2). In the investigated temperature range, HAP lost less than 2% in mass while Mg-substituted HAP lost about 6 % of its mass. The difference can be ascribed to the greater water content in Mg-HAP [40], as also shown from the FTIR spectrum (Figure 2b). This is in accordance with the previously reported behaviour of non-substituted and Mg-substituted HAP [52,53].

Figure 7 shows the change relative to the initial value in the double integral of EPR spectra of the two samples at four different temperatures. The first finding that can be seen is that the EPR signals of non-substituted HAP and Mg-substituted HAP follow different trends at different temperatures.



Figure 7. Dependence of the double integral of EPR spectra of non-substituted hydroxyapatite (HAP), black squares, and Mg-substituted HAP (Mg-HAP), red circles, at (**a**) 343 K, (**b**) 353 K, (**c**) 363 K and (**d**) 373 K.

The relative signal intensity of non-substituted HAP decreased as the sample was subjected to a temperature higher than room temperature, but this trend is not yet prominent and is hardly noticeable at 343 K and 353 K, as seen in Figure 7. On the other hand, a clearer fading of the signal is seen at 363 K and 373 K. In addition, the shape and relative intensity of the signal did not change, this was also the case for Mg-substituted HAP. As far as the Mg-substituted HAP is concerned, a quite unexpected phenomenon was revealed. At temperatures of 343 K, 353 K, and 363 K the signal faded to about 30–60% and, after that, increased to about 50–75% relative to the initial value. This change was visible at about 7–12 min from the beginning of heating. When the sample was kept at 373 K, the initial fading was not that noticeable as it is within measurement error. Still, the increase of the signal was the most intense in this case. The final signal was even stronger than the initial one and reached about 125% relative to the initial value.

Although various mechanisms by which Mg is absorbed/incorporated during hydroxyapatite crystallization have already been studied [12], the influence of this dopant on the EPR signal of substituted hydroxyapatite is still not thoroughly understood, particularly at temperatures above room temperature. Moreover, the exact location of the CO_2^- and $CO_3^$ radicals in biological and synthetic apatites is still under debate. They could substitute the hydroxy group, the phosphorous tetrahedron or neutral CO_2 that could be found on the surface of crystallites. As reported by Rudko et al., a redistribution of the signal contribution of axial and orthorhombic CO_2^- radicals in pristine HAP is seen above 200 °C [54]. This is most probably connected to the sharp loss in the mass of Mg-substituted HAP reported in this temperature range. The authors noted that not only did the thermally induced and radiation-induced radicals give the same signal, but also the same was observed for the synthetic and biological hydroxyapatites which additionally confirmed the great similarity between these two materials. No matter the phenomenon, it appears that magnesium influences HAP in such a manner that it amplifies some heat-related behaviour, and maybe even lower the temperatures at which such effects take place. It is known that the removal of water during drying can result in subsequent shrinkage of hydroxyapatite lattice and because of local variations in water content, small structural changes may develop [55]. Nevertheless, the observed loss in mass, which is probably related to water loss [53,56], confirmed by TGA is relatively small and did not induce a change in the detected EPR line width which would be expected for this kind of effect (Figure S3).

Several studies revolve around the interaction and properties of magnesium and hydroxyapatite under different conditions. All of them demonstrate destabilization of the crystal HAP structure. For example, Bertoni et al. took advantage of the structural disorder which favoured the adsorption of polyacrylic acid [57]. Moreover, it was shown that Mg-substitution in the lattice led to the weak intergranular bond formation and the improvement of plastic properties in doped HAP ceramics. The introduction of this cation promoted granular bond weakening and changed the fracture mode for prepared ceramics [58]. Suciu et al. reported an interesting effect of Mg substitution of HAP. The doped material showed an increase in thermal conductivity directly related to the increase in magnesium percentage [59]. This observation may give an insight into the different phenomena developing in pristine and Mg-substituted HAP presented in this study.

Unfortunately, articles published to date have not described the relationship between the presence of magnesium, free radicals induced by gamma radiation, and their behaviour at temperatures just above room temperature as in our case. On the other hand, Mgsubstituted HAP is comparable to tooth enamel and giving attention to articles on this material could offer a new perspective on the effect observed in this study. Vorona et al. observed an increase in the EPR intensity of the main radical species, i.e., CO_2^- radical, in the tooth enamel of approximately 40% at $180 \degree C$ [60]. The absorbed dose of the samples was 3 kGy which is approximately eight times lower than the "golden" sterilization dose used in our study. The authors attributed this radiation sensitivity effect in tooth enamel to annealing, but with the explanation that below 230 °C the conversion of disordered CO_2^- radical species into oriented ones occurred. The observation was accompanied by changes of the EPR line shape for 160 °C < $T_{annel.}$ < 230 °C which was not observed in our case (Figure S3). This effect can be associated with the Mg content, as it is well known to play an important role in tooth enamel biomineralization. The Mg content significantly varies within the enamel of different animal species and correspondingly influences other properties such as hardness [16,61,62]. Due to the previously mentioned reasons, a further comparison was not possible. Furthermore, Ishchenko et al. observed a slight EPR intensity increase during monitoring temperature changes of the carbonate structure in tooth enamel in the temperature interval ($T_{annel.} < 250 \text{ °C}$) [63]. One of the proposed explanations of this effect was the annealing-induced decay of electron traps which can capture the radiation-induced secondary electrons that participate in the formation of CO₂⁻ radicals. Therefore, the decay of traps enhances the radiation-induced signal. The nature of these traps has not yet been clarified, but weakly bound water can escape from the surface and

subsurface regions of crystallites. Therefore, the authors assumed that the above-mentioned electron traps have a surface or subsurface origin and are related to the complexes that include water [63]. In our case, the loss in water is probably not significant enough to cause similar changes and would manifest itself as a change in the signal shape, which was not observed (Figure S3). An additional explanation of the observed increase in the amount of CO_2^- radicals include a decrease in the volume of amorphous regions in HAP during annealing [64]. From NMR results, it is proposed that carbonate in these regions cannot be transformed into CO_2^- radicals under irradiation, but the transformation of amorphous regions into the ordinary structure of HAP with CO_2^- ions can increase the total number of the latter and, respectively, the amount of related CO_2^- radicals, and accordingly an increase in the EPR intensity.

When it comes to the EPR signal of Mg-substituted HAP in this study, it is a great challenge to explain the reported results since the relationship between the presence of magnesium and the free radicals has not yet been established. Moreover, the comprehension of the simultaneous existence of these species is additionally tangled by the fact that similar results were not published to this day. One may speculate about the existence of two different competing kinetic patterns in Mg-substituted HAP that take place just above room temperature: recombination and creation of free radicals. The lack of linewidth changes in the EPR signal of Mg-substituted HAP during 2 h of heating at 343 K, 353 K, 363 K and 373 K support the hypothesis that there is no change in the motional dynamics of radicals, as well as lack of the changes in the spectral shape as shown in Figure S3a. Figure S3b shows that there is no correlation between the time the Mg-substituted HAP was being heated and the relative position of the peaks ($R^2 = 0.1002$). These processes could be caused by the presence of magnesium since such a phenomenon does not manifest in non-substituted HAP. In contrast, non-substituted HAP shows some changes in the EPR spectrum only at higher temperatures, as pointed out in the literature [54].

As far as the accelerated ageing analysis is concerned, Mg-substituted HAP prepared as described in this study should be further improved and investigated before considering preclinical trials. This valuable information would not be available if EPR measurements were not performed, as seen from the PXRD and FTIR results, therefore, it demonstrates the power of a technique that could be adopted more often in similar studies.

4. Conclusions

Mg-substituted HAPs are receiving increasing attention as biomimetic and bioactive hard tissue regeneration materials due to the presence of Mg^{2+} ions with beneficial biological effects. Investigating the properties of these materials is crucial to determine their true potential for biomedical application. Although the number of studies considering Mg-substituted HAPs is increasing, there are several topics that are rarely discussed although they are of utmost importance for the successful application of implant materials. These include the stability of the material upon sterilization, in model media, and during accelerated ageing.

The influence of γ -irradiation, as a typical sterilization technique, followed by immersion in corrected simulated body fluid and saline solution, as well as accelerated ageing, were studied for non-substituted HAP and Mg-substituted HAP considering composition, structure, and local order.

Irradiation does not affect the composition and structure of HAPs. Upon immersion in model media, the small amount of by-products from synthesis disappeared after one day leaving Mg-HAP as the only remaining phase. Similarly, the radical signals in the EPR spectra fade or completely disappear after 28 days in model media. This could indicate that, despite the differences in structure and composition of these two HAPs, both are undergoing a kind of stabilization in the conditions imitating physiological ones.

However, quite unusual, and previously unreported behaviour of EPR spectra was observed for Mg-substituted HAP after irradiation at temperatures up to 373 K regarding two competing kinetic patterns, but this was not observed for non-substituted HAP. This will be the central topic of a future study.

Overall, the obtained results indicate that Mg-substituted HAP has a good potential for biomedical applications considering its behaviour in media that mimic physiological conditions, but its behaviour under certain storage and transport conditions should be studied in more detail.

Supplementary Materials: The following supporting information can be downloaded at: https: //www.mdpi.com/article/10.3390/cryst12020297/s1, Figure S1. EDS images of (a) hydroxyapatite (HAP) and (b) Mg-substituted; Figure S2. TGA curves of non-substituted hydroxyapatite (HAP) and Mg-substituted HAP (Mg HAP); Figure S3. (a) EPR spectra of irradiated Mg-substituted hydroxyapatite heated at 373 K at different times and (b) peak-peak linewidth of CO_2^- radical; Table S1. Assignation of peaks in PXRD patterns of hydroxyapatite; Table S2. Assignation of IR bands in FTIR spectra of hydroxyapatite; Table S3. Assignation of peaks in PXRD patterns of Mg-substituted hydroxyapatite; Table S4. Assignation of IR bands in FTIR spectra of Mg-substituted hydroxyapatite.

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