Inferring physiological energetics of loggerhead turtle (*Caretta* caretta) from existing data using a general metabolic theory

Nina Marn^{a,*}, S.A.L.M. Kooijman^b, Marko Jusup^{c,**}, Tarzan Legović^a, Tin Klanjšček^a

^aRudjer Bošković Institute

Bijenička cesta 54, HR-10002 Zagreb, Croatia ^bVrije Universiteit Amsterdam De Boelelaan 1105, 1081 HV Amsterdam, Netherlands ^cCenter of Mathematics for Social Creativity, Hokkaido University 12-7 Kita Ward, Sapporo 060-0812, Japan

Abstract

Loggerhead turtle is an endangered sea turtle species with a migratory lifestyle and worldwide distribution, experiencing markedly different habitats throughout its lifetime. Environmental conditions, especially food availability and temperature, constrain the acquisition and the use of available energy, thus affecting physiological processes such as growth, maturation, and reproduction. These physiological processes at the population level determine survival, fecundity, and ultimately the population growth rate—a key indicator of the success of conservation efforts. As a first step towards the comprehensive understanding of how environment shapes the physiology and the life cycle of a loggerhead turtle, we constructed a full life cycle model based on the principles of energy acquisition and utilization embedded in the Dynamic Energy Budget (DEB) theory. We adapted the standard DEB model using data from published and unpublished sources to obtain parameter estimates and model predictions that could be compared with data. The outcome was a successful mathematical description of ontogeny and life history traits of the loggerhead turtle. Some deviations between the model and the data existed (such as an earlier age at sexual maturity and faster growth of the post-hatchlings), yet probable causes for these deviations were found informative and discussed in great detail. Physiological traits such as the capacity to withstand starvation, trade-offs between reproduction and growth, and changes in the energy budget throughout the ontogeny were inferred from the model. The results offer new insights into physiology and ecology of loggerhead turtle with the potential to lead to novel approaches in conservation of this endangered species.

Keywords: Life cycle model, DEB theory, Loggerhead turtle, Dynamic Energy Budget

^{*}nina.marn@gmail.com

^{**}mjusup@gmail.com

Graphical abstract:



Marine ecology, Conservation, Turtles, Mathematical models, Life history

1 1. Introduction

Seven known species of sea turtles currently inhabit the world's oceans. All seven are 2 listed in the IUCN list of endangered species [1] and face various threats despite conservation 3 measures [2]. The conservation of sea turtles is complicated by a lack of understanding 4 of their physiology and ecology, and by a long and complex life cycle, spanning multiple 5 habitats over a wide geographical range [3]. Metabolic processes such as growth, maturation, 6 and reproduction are key physiological and ecological determinants, the understanding of 7 which is also crucial for conservation efforts. These processes are influenced by genetics [4], 8 but also by environmental conditions, such as food availability and temperature [5, 6], that 9 constrain the acquisition and use of energy. A way to better understand the physiology 10 and ecology of a species is to reconstruct its energy budget using the principles of a general 11 metabolic theory (e.g. [7, 8, 9]). Indeed, the need for an energy budget approach in the 12 research of sea turtles was identified almost a decade ago [10]. 13

Focusing on the loggerhead turtle and one of its largest nesting aggregations, the North Atlantic population [11], we aim to reconstruct the energy budget of this species from existing data. We begin with a brief overview of loggerhead turtle physiology and ecology. Next we explain the methodology used to develop the full life cycle model, and list the data sets used in parameter estimation. By estimating the parameter values, we establish a mapping between existing data and the loggerhead turtle energy budget. We analyze the validity ²⁰ of the mapping, and discuss physiological and ecological implications of the reconstructed ²¹ energy budget.

22 1.1. The loggerhead turtle

Three aspects of the loggerhead turtle's physiology and ecology impede conservation ef-23 forts. These three impeding aspects are (i) a geographically wide species distribution, (ii) 24 long and complex ontogenetic development, and (iii) late and variable reproductive output. 25 Loggerhead sea turtle is a migratory species with global distribution throughout the 26 temperate zone [1]. Individuals of this species occupy habitats ranging from cold and nutrient-27 sparse oceanic zones to warm and food-rich neritic zones, where some of the habitat variability 28 is related to an ontogenetic shift [12, 13] with important implications for the energy budget. 29 Furthermore, the wide distribution of loggerhead turtles means that populations such as 30 the North Atlantic one span multiple jurisdictions and legislative systems with different 31 conservation targets, methods, and ultimately success [3]. 32

The ontogenetic development of loggerhead turtles exhibits numerous fascinating charac-33 teristics. The sex of embryos is determined by nest temperature in the second third of the 34 embryonic development [14, 15]. Throughout its ontogeny, from hatching to ultimate size, 35 an average loggerhead turtle increases almost 25-fold in length, and 6500-fold in body mass. 36 Straight carapace length at hatching is 4-5 cm, while body mass is around 20 g [14]. By con-37 trast, adults range between 90-130 cm straight carapace length and between 100-130 kg body 38 mass [14, 16]. Growth rates are influenced by individual characteristics [17, 4] and/or the 39 environment [17, 4, 5, 6], and are often deduced from capture-mark-recapture data [18, 17, 6] 40 or growth marks on the bones [19, 20, 5, 4]. The reported growth rates cannot be compared 41 directly because they are reported for a variety (often unknown) environmental conditions. 42

The average female needs 10-30 years to reach puberty [21, 22]. Reproducing every 2-3 years, females lay 4-5 clutches of over a hundred eggs each [23, 24]. The reproduction rate was found to correlate with the average sea surface temperature [25, 26], as well as the large scale environmental oscillations [27].

$_{47}$ 2. Methods

48 2.1. Full life cycle model of the loggerhead turtle

We use the Dynamic Energy Budget (DEB) theory [28, 29, 30, 31] to model the full life cycle of loggerhead turtles. By relying on DEB theory, we ensure that our model is thermodynamically consistent, meaning that the conservation laws of mass and energy are strictly observed. Modeled loggerhead turtles also obey several homeostasis rules as a way

of coping with sudden, unfavorable changes in the environment, especially in food availabil-53 ity. Metabolic rates (e.g., food assimilation, somatic maintenance, etc.) follow from scaling 54 assumptions (concise statements of these assumptions are found below) appended with the 55 kappa rule for allocation to soma [29, 32]. The essence of the kappa rule is that energy is 56 divided at a fixed fraction between some and the reproductive cells. DEB model furthermore 57 accounts for embryonic development, where turtle eggs start as blobs of energy received from 58 mothers. This initial energy reserve is used by the embryo to start building structure and to 59 mature enough in order to begin feeding on an outside energy source. The basic model pre-60 scribes the rate at which mothers commit energy to reproduction. We make a step forward 61 and convert this energy into the number of eggs as if they were produced in a continuous 62 manner. Modeling the timing and the duration of reproductive seasons is also possible by 63 means of species- or population-specific rules for handling the storage of energy between 64 reproductive seasons and the conversion of stored energy into eggs during one such season. 65



Figure 1: A schematic representation of the standard DEB model describing a sea turtle: Three state variables are reserve (E), structure (L), and maturity (E_H) . An auxiliary variable is needed to track the state of the reproduction buffer. Metabolic energy flows are: \dot{p}_A -assimilation, \dot{p}_C -mobilization, \dot{p}_M -somatic maintenance, \dot{p}_G -growth, \dot{p}_R -maturation/reproduction, and \dot{p}_J -maturity maintenance. The circles indicate metabolic switches that occur when a certain level of maturity is reached: the onset of feeding when $E_H = E_H^b$ (red circle), and the onset of reproduction when $E_H = E_H^p$ (yellow circle). Detailed definitions of these concepts are given in the main text.

Free ranging animals owe their mobility in large part to a better homeostatic regulation [33, 34], which in turn simplifies their energy budgets. Accordingly, in describing the full lifecycle of loggerhead turtles, we used the least complex DEB formulation called the standard

DEB model [28, 29, 30]. In this model, the state of a turtle is captured by three state 69 variables: reserve, E (energy in joules, J), structure, L (length in centimeters, cm), and 70 maturity, E_H (J). Reserve is a maintenance-free energy buffer between the environment 71 and the turtle that quantifies metabolic memory. Energy in reserve is readily mobilized to 72 power metabolic processes. Structure, by contrast, is built and maintained using energy 73 mobilized from reserve. Finally, maturity is a maintenance requiring quantity that does 74 not contribute to body mass. It is quantified as energy that was cumulatively invested in 75 maturation (preparation for the adult stage). Maturity controls metabolic switching (e.g., the 76 onset of first feeding or the onset of reproduction) and, analogous to structure, is maintained 77 with energy mobilized from reserve. 78

If sufficient food is available in the environment, all three state variables are increasing functions of age, yet maturity is assumed to remain constant upon reaching the adult stage. In this stage, energy previously used for maturation is redirected to reproduction. Loggerhead turtles reproduce intermittently, implying that energy is stored in a reproduction buffer. The state of the reproduction buffer is tracked using an auxiliary variable denoted E_R .

⁸⁴ Dynamics of the state variables are determined by energy flows denoted universally \dot{p}_* ⁸⁵ (unit J d⁻¹; Figure 1):

$$\frac{dE}{dt} = \dot{p}_A - \dot{p}_C,\tag{1a}$$

86

$$\frac{dL}{dt} = \frac{1}{3L^2} \frac{\dot{p}_G}{[E_G]},\tag{1b}$$

87

$$\frac{dE_H}{dt} = \begin{cases} \dot{p}_R, & \text{if } E_H < E_H^p \\ 0, & \text{otherwise} \end{cases},$$
(1c)

where $[E_G]$ (unit J cm⁻³) is the volume-specific cost of structure, and E_H^p is maturity at puberty marking the beginning of the adult stage. In this stage, we replace Eq. (1c) with $\frac{dE_R}{dt} = \dot{p}_R$.

Energy flows appearing in the system of Eqs. (1) are defined as follows:

Assimilation, $\dot{p}_A = \{\dot{p}_{Am}\}fL^2$, is the fraction of the daily feed ration that gets fixed into reserve, where $\{\dot{p}_{Am}\}$ (unit J cm⁻² d⁻¹) is the surface area-specific maximum assimilation rate and f is the scaled functional response equivalent to the ratio of the actual and the maximum feeding rate of an individual. The scaled functional response quantifies food availability (i.e., f = 1 under unlimited food availability and f = 0 when food is unavailable) and in many cases can be written as

$$f = \frac{x}{1+x},\tag{2}$$

with x being the food density scaled by the half-saturation constant of the type-II saturating function (see p. 32 of [29] for details).

Mobilization, $\dot{p}_C = E(\dot{v}/L - \dot{r})$, is the flow of energy mobilized from reserve to power metabolic processes, where parameter \dot{v} (unit d⁻¹) is the energy conductance and, for $[E] = E/L^3$, the specific growth rate is

$$\dot{r} = \frac{[E]\dot{v}/L - [\dot{p}_M]/\kappa}{[E] + [E_G]/\kappa}.$$
(3)

Here, $[\dot{p}_M]$ (unit J cm⁻³ d⁻¹) is the volume-specific somatic maintenance rate. Mobilized reserve is partitioned according to the κ -rule: fixed fraction κ is allocated to satisfy the organism's somatic needs (somatic maintenance and growth), whereas the rest is allocated to maturity maintenance and maturation (before puberty) or reproduction (after puberty).

Somatic maintenance, $\dot{p}_M = [\dot{p}_M]L^3$ is the flow of mobilized reserve energy needed to maintain the structure of given size L^3 .

Growth, $\dot{p}_G = \kappa \dot{p}_C - \dot{p}_M$, is the flow of mobilized reserve energy invested into the increase of structure after satisfying the somatic maintenance needs.

Maturation, $\dot{p}_R = (1 - \kappa)\dot{p}_C - \dot{p}_J$, is the flow of mobilized reserve energy towards increasing the level of maturity (E_H) , after satisfying the maturity maintenance, \dot{p}_J .

Maturity maintenance, $\dot{p}_J = \dot{k}_J E_H$, $E_H \leq E_H^p$, is a flow (analogous to somatic maintenance) that quantifies the mobilized reserve energy necessary to maintain the current level of maturity. Parameter \dot{k}_J (unit d⁻¹) is called the maturity maintenance rate coefficient. At the onset of the adult stage when the level of maturity reaches E_H^p , the organism starts to invest energy into reproduction instead of maturation. Hence, reproduction starts and maturity stops increasing.

¹²⁰ All model parameters are conveniently summarized in Table 1.

Reserve and structure are abstract state variables that can be linked to commonly measured quantities such as length or body mass. A measurable length of a turtle, e.g., straight carapace length (SCL, L_{SCL}), is related to the structural length (L) by the shape factor (δ_{M}):

$$L_{\rm SCL} = \frac{L}{\delta_{\rm M}}.\tag{4}$$

Size-scaling was found to differ between the smallest (post-hatchling) and larger life stages of loggerhead turtles [35], implying a change in shape during ontogeny. A significant change in shape would require modifications to the shape factor (as was done in e.g. Ref [7]), but for the loggerhead turtle a single shape factor can safely be used for relating SCL to L for the whole life cycle [35].

Body mass includes contributions from both reserve and structure (assumed here to have the same specific density, $d_V = d_E$). The contribution of reserve, in particular, is dependent on food availability f. We have:

$$W = L^3 (1 + f\omega), \tag{5}$$

where $\omega \propto \{\dot{p}_{Am}\}/\dot{v}$ quantifies how much reserve contributes to body mass at f = 1. In an adult (female) loggerhead turtle, the reproduction buffer (E_R) also plays a role in determining body mass [36]. However, the dynamics of this buffer were neglected because our interest lies with the overall investment of energy into reproduction rather than the detailed modeling of a reproductive season (e.g., timing and duration).

For the model to capture the whole life-cycle, we need the number of eggs produced by an adult individual. In DEB, the reproductive flow is equal to the surplus energy from flow $(1 - \kappa)\dot{p}_C$ after maturity maintenance of an adult, $\dot{k}_J E_H^p$, has been met:

$$\dot{p}_R = (1 - \kappa)\dot{p}_C - \dot{k}_J E_H^p. \tag{6}$$

Equation (6) quantifies the investment of mother's energy reserve into the egg production. 140 The instantaneous reproductive output (measured in the number of eggs per unit of time) is, 141 then, $R = \kappa_R \dot{p}_R / E_0$, where E_0 is the initial energy reserve of an egg and κ_R is the conversion 142 efficiency of mother's reserve into offspring's reserve. Generally sea turtles produce eggs in 143 clutches rather than continuously, and there is a trade off between clutch mass and clutch 144 frequency [24, 36, 37]. Evolutionary constraints such as increased risks related to the nesting 145 habitat [37, 13], mass and resource limitations, and/or metabolic heating producing excess 146 heat that could be lethal for embryos [38, 39] all influence the clutch frequency and size. 147 Furthermore, loggerhead turtles nesting for the first time (generally of smaller body size) 148 produce on average half the number of clutches than those turtles that had nested previously 149 [40]. These factors are important when energy allocated to reproduction is converted into 150 the number of eggs per clutch (a necessity due to data availability), but do not affect the 151 estimation of the amount of allocated energy nor the processes defining the energy budget. 152

153 2.2. Data used

Data on the loggerhead turtle is scarce and data sets are disjointed, meaning that studies 154 do not share focus and methodologies can widely differ. The mechanistic nature of DEB, 155 however, makes the assimilation of a wide variety of disjointed data types possible because 156 all types of data are used simultaneously to determine the parameters of the DEB model [32]. 157 Additionally, the two main abiotic characteristics which determine growth, maturation, and 158 reproduction of individuals – food availability and temperature – are directly accounted 159 for by the model. The inclusion of the two characteristics for each data set implies that 160 data for captive reared and wild individuals can be used side-by-side. Accordingly, much 161 of the existing (published and unpublished) data could be used (Table 2 and Figures 2–5). 162 Additional information required to complete the whole life cycle has been incorporated in 163 the model through simplifications, calculations, and/or assumptions: 164

165 166 • Length and body mass at puberty were calculated as the mean values of the low end of the reported size ranges for nesting females.

• The ultimate length and the ultimate body mass were calculated as the mean values of the high end of the reported size ranges for nesting females.

- Age at puberty was indirectly assumed to be equivalent to the age at first nesting and, as the age of wild nesting females is generally not known, a conservative estimate of 28 years [41, 17, 20] was used.
- Reproduction rate (R_i) was assumed to be continuous (in eggs per day), rather than pulsed as in nature. This did not affect the energy balance because the total energy commitment remained the same.
- The clutch size as a function of length was calculated by assuming that: (i) the number of nests per season is the same (four) for sea turtles of all sizes (and ages); and (ii) there are no constraints on the clutch size, i.e., the clutch size is determined solely by how much energy was committed to reproduction by a nesting turtle between two reproductive seasons that are two years apart.
- The initial energy content of the egg (E_0) was assumed to be the same as in green turtle eggs [42].
- The environmental (sea) temperature was, based on the average sea temperature experienced by loggerhead turtles [43], assumed to be 21° C for all data relating to wild individuals. Data relating to captive reared individuals included temperature and/or description of rearing conditions.
- Food level was assumed to be constant. For the data relating to wild individuals, the value was approximated from the calculated ultimate length (see Table 2) and the largest observed nesting female (130 cm SCL, [16]), assuming that the ratio of the two

189 190 lengths (0.81) corresponds to the scaled functional response, f, in Eq. (2). For the captive reared individuals, *ad libitum* ($f \approx 1$) food was assumed.

¹⁹¹ 3. Results

¹⁹² 3.1. Model parameters and the goodness of fit

The estimated parameter values, listed in Table 1, provide a good fit between the data 193 and the model outputs (Table 2; Figures 2–5). In particular, life history traits such as age 194 and length at birth, and length at maturity, are nicely reproduced by the model (Table 2). 195 Growth curves and the relationship between body mass and length (Figures 3 and 4), as well 196 as the relationship of clutch size to length (Figure 5) and the duration of incubation as a 197 function of temperature (Figure 2) all agree with the data as discussed in more detail below. 198 Nevertheless, some traits in columns two and three of Table 2, especially the age at 199 puberty, show apparent discord with the observations. According to the model outputs, 200 loggerhead turtles become sexually mature at around 14 years of age, corresponding to about 201 76 cm SCL and 62 kg body mass. The apparent discord may be a result of (i) the investment 202 into reproduction (i.e., puberty) preceding the first nesting and (ii) the fact that observing 203 the exact moment at which the investment into reproduction starts is exceedingly difficult. 204 In other words, the result is an underestimate compared to the observations deduced from 205 size at the first reproductive event (28 years, 80 cm SCL, and 79 kg [21, 20, 19, 17]), yet it is 206 consistent with age at puberty deduced from morphology and behavior [22, 44, 45, 46]. Other 207 (slightly) underestimated quantities describe the ultimate size— $96.4 \,\mathrm{cm}$ SCL and $122.8 \,\mathrm{kg}$ 208 compared to observed 105.3 cm SCL and 162.6 kg. 209

Two problems arise in the context of comparisons that focus on size. First, the model 210 estimates of body mass omit the mass of the reproduction buffer (see eq. (5)) because we 211 assumed continuous reproduction, thus ignoring the fact that some energy (and thus mass) is 212 stored in the reproduction buffer between two reproductive seasons. It is interesting that the 213 cumulative (annual) wet mass of clutches produced by a turtle of 100 kg can be as much as 214 10 kg [36]. Accounting for this mass of the reproduction buffer would considerably decrease 215 the current mismatch in mass between the model output and the observed values. Second, 216 the *ultimate* size used for parameter estimation was calculated using the high end of the 217 reported size range from several studies. Extreme-sized individuals (that experience the best 218 feeding conditions or that are genetically predisposed to grow large) may be introducing a 219 bias that has a much more pronounced effect than it would have if more adults had been 220 used for calculating the value. It is therefore encouraging that the model outputs are close 221

to the observed *average* length of nesting females (92.4 cm SCL, calculated from values in [16, 47, 48]) and the *average* body mass of adults (116.4 kg [47]).

Model prediction of the incubation duration as a function of incubation temperature is 224 quite satisfactory (Figure 2). The overall trend is correct, yet there is a small systematic bias 225 towards the low end of the observed values. This bias suggests that although temperature 226 explains most of the variation in the incubation duration, other factors may play an important 227 role. Beach sand compactness and grain size, humidity, salinity of water around the nest, 228 number of eggs in a clutch, and gas exchange of the eggs affect the incubation of loggerhead 229 turtles as well [49, 50, 51, 52, 53], and may have to be taken into account when deducing the 230 sex of embryos from incubation duration (e.g., [54]). In addition, metabolic heating present 231 during the last third of the embryonic development [15, 38] could be accelerating growth and 232 maturation ("T-acceleration", see [55]), effectively resulting in earlier hatching and birth, and 233 smaller than estimated size. By contrast, the previously mentioned environmental factors 234 such as decreased respiratory gas exchange, could be prolonging the incubation [53]. The 235 model underestimation, therefore, suggests that factors prolonging the incubation outweigh 236 those that shorten it. 237

Predicted growth curves—i.e., length and body mass as the functions of age—and the 238 resulting relationship of body mass and length are shown in Figure 3 for post-hatchlings 239 and in Figure 4 for juveniles and adults. The carapace length estimated for *post-hatchlings* 240 up to 65 days after birth fits the data rather well, except for a slight discrepancy for the 241 first 10-20 days after birth. Predicted body mass during the same period fits the data 242 even better, showing almost no discernible discrepancies. These two results suggest that 243 the model-generated relationship between body mass and length should underestimate the 244 data somewhat at small carapace lengths (confirmed in lower panel of Figure 3). Both 245 the predicted carapace length and body mass of *juveniles and adults* as functions of age 246 produce satisfactory fits over the entire period for which the data were available (Figure 4). 247 Consequently, the relationship between body mass and length over the whole size range of 248 juvenile and adult body sizes is in excellent agreement with the data. 249

Predicted clutch size as a function of length is nearly a straight line, a result compatible with the data in Figure 5, yet the intercept and the slope of this line are respectively too low and too high. Consequently, the model predicts clutch sizes of < 50 eggs for the smallest adults and > 150 eggs for the largest adults, both of which are rarely observed in nature [50]. The predicted clutch size resulted from the conversion of energy allocated to reproduction into the clutch size—a step influenced by our assumptions on the reproductive output (see Section 2.2).

²⁵⁷ However, this conversion step did not affect the prediction for the energy invested into

reproduction, which is in excellent agreement with observations. The energy content of 258 a loggerhead turtle egg is between 260 kJ and 165 kJ [42]. The predicted energy value of 259 an egg ($\approx 210 \,\text{kJ}$) is very close to the value used for parameter estimation (2, see also 260 [42]). Combining this value with the estimated daily energy flow to reproduction (\dot{p}_R) of 261 $171.34 \,\mathrm{kJ} \,\mathrm{d}^{-1}$ at $21^{\circ} \mathrm{C}$ [43], we obtain that a fully grown loggerhead turtle is capable of 262 storing on a daily basis the amount of energy needed to build approximately one egg. If we 263 further take the period of two years between two consecutive nesting seasons, the implication 264 is that a fully grown (95 cm SCL) loggerhead turtle produces ≈ 595 eggs per nesting season— 265 an equivalent of 5 clutches with 119 eggs each or 4 clutches with 148 eggs each, thus matching 266 observations [40, 56, 42]. 267



Figure 2: Model predictions for the duration of incubation as a function of incubation temperature, at f = 0.81. Data source: [62]; number of data points N = 61.

²⁶⁸ 3.2. Determinants of body and energy reserve sizes

Body and energy reserve sizes are among the most important ecological parameters. Species body size, for example, positively correlates with survival [73, 74, 75] that, alongside fecundity, controls the population growth rate. The maximum structural length of loggerhead turtles, L_m , is achieved for f = 1 and given by equation

$$L_m = \kappa \{ \dot{p}_{Am} \} / [\dot{p}_M]. \tag{7}$$

 L_m is determined by three parameters: allocation fraction to soma $\kappa = 0.6481$, maximum surface-area specific assimilation rate $\{\dot{p}_{Am}\} = 906.1 \,\mathrm{J}\,\mathrm{d}^{-1}\,\mathrm{cm}^{-2}$, and the maximum volumespecific maintenance rate $[\dot{p}_M] = 13.25 \,\mathrm{J}\,\mathrm{d}^{-1}\,\mathrm{cm}^{-3}$. Based on equation 7, we see that assimilation (proportional to $\{\dot{p}_{Am}\}$) is energy input acting to increase size (and likely survival), while maintenance (proportional to $[\dot{p}_M]$) and reproduction (proportional to $(1 - \kappa)$) are Table 1: List of primary and auxiliary parameters for the North Atlantic loggerhead turtle (*Caretta caretta*) estimated using the covariation method [32] (unless specified differently). An additional shape parameter δ_{CL} was used for the data where the type of length measurement had not been specified [57, 58]. (Preliminary) parameter values for two other sea turtles in the Add_my_pet library are given for comparison: Kemp's ridley (*Lepidochelys kempii*) [59], and leatherback turtle (*Dermochelys coriacea*) [60]. Typical values for a generalized animal with maximum length $L_m = zL_m^{ref}$ (for a dimensionless zoom factor z and $L_m^{ref} = 1 \text{ cm}$), can be found in [29], Table 8.1, p. 300 and [32]. All rates are given at reference temperature $T_{ref} = 273 \text{ K}$, and food availability f = 0.81. Primary and auxiliary parameters for which the default values were used are listed below the table. Notation: symbols marked with square brackets, [], indicate that the parameter relates to structural surface area (surface area specific parameter). More details are available in Lika et al. [32], and the online DEB notation document www.bio.vu.nl/thb/deb/deblab/.

Parameter	Symbol	$C.\ caretta$	L. kempii	D. coriacea	Unit
Maximum specific assimilation rate	$\{\dot{p}_{Am}\}$	906.1 ^a	728.426	1191.41	$\mathrm{Jd^{-1}cm^{-2}}$
Digestion efficiency (of food to reserve)	κ_X	0.8^{b}	0.8	0.206503	-
Energy conductance	\dot{v}	0.07084	0.0424	0.0865	${\rm cm}{\rm d}^{-1}$
Allocation fraction to soma	κ	0.6481	0.6929	0.9166	-
Volume-specific somatic main- tenance	$[\dot{p}_M]$	13.25	20.1739	21.178	$Jd^{-1}\mathrm{cm}^{-3}$
Specific cost for structure	$[E_G]$	7847	7840.77	7843.18	$\rm Jcm^{-3}$
Maturity at birth	E_H^b	3.809e + 04	1.324e + 04	7.550e + 03	J
Maturity at puberty	E_H^p	8.73e + 07	3.648e + 07	$8.251e{+}07$	J
Weibull aging acceleration	\dot{h}_a	1.85e-10	1.421e-09	1.939e-09	d^{-2}
Arrhenius temperature	T_A	7000 ^c	8000	8000	K
Shape coefficient	δ_M	0.3744	0.3629	0.3397	-
Shape coefficient	δ_{CL}	0.3085			-
Density of structure and re- serve	$d_V = d_E$	$0.28^{\rm d}$	0.3	0.3	-

^a Indirectly estimated primary parameter, $\{\dot{p}_{Am}\} = L_m^{ref} z[\dot{p}_M]/\kappa$, using the estimated value of z = 44.32 for loggerhead turtles. *L. kempii*: z = 25.02, *D. coriacea*: z = 51.57. ^b Standard value [29], same value assumed in [61]. ^c Estimated independently by direct fitting to the data on incubation duration vs. incubation temperature published in [62], [63], and [64]. ^d Value from [65].

Other primary and a xiliary parameters: Maximum searching rate, $\{\dot{F}_m\} = 6.5 \mathrm{l} \mathrm{d}^{-1} \mathrm{cm}^{-2}$; Defaecation efficiency (of food to faeces), $\kappa_P = 0.1$; Reproduction efficiency, $\kappa_R = 0.95$; Maturity maintenance rate coefficient, $\dot{k}_J = 0.002 \mathrm{d}^{-1}$; Gompertz stress coefficient, $s_G = 0.0001$

Table 2: Comparison between observations and model predictions, at the temperature that had been used for the corresponding zero-variate data (see the Section 2.2 for details), and the assumed scaled functional response f = 0.81. Values used as zero-variate data are listed in the fourth column of the table, with the corresponding relative error ('Rel. err.') of the predictions provided in the sixth column.

Data	Predicted	Observed range	Value used	Unit	$\begin{array}{cc} \text{Rel.} & \text{err.} \\ (\%) \end{array}$	Reference
age at birth ^a	52.51	47-60	57.40	d	8.53	[62, 49]
age at puberty	14.17	19-30	28.00	\mathbf{yr}	49.39	[41, 17, 20]
life span	66.69	>65	67.00	\mathbf{yr}	0.46	[19, 66]
SCL at birth	5.56	3.9 - 5.06	4.50	cm	23.57	[17, 58, 67]
SCL at puberty	76.75	76.8-84	80.00	cm	4.06	$\begin{bmatrix} 48, & 47, & 16, \\ 68, & 23 \end{bmatrix}$
ultimate SCL	96.35	98-110	105.26	cm	8.46	$[48, \ 47, \ 16, \\68, 23]$
wet mass at birth	23.62	14-24	19.41	g	21.71	[69, 62]
wet mass at puberty	62.08	75 - 89.7	79.00	kg	21.42	[16, 68]
ultimate wet mass	122.82	148.9- 180.7	162.62	kg	24.47	[47, 68]
initial energy content of the egg	209.64	165-260	210.00	kJ	00.17	[42]
maximum reproduction rate ^b	0.8556	0.3452 - 0.8630	0.7671	$\rm egg/d$	11.53	$\begin{bmatrix} 50, & 40, & 70, \\ 23 \end{bmatrix}$

^a Birth in DEB theory denotes the moment when an individual stops relying on embryonic energy reserves and starts feeding, so age at birth was calculated by summing the average incubation duration (51.3 d [62]), days between exiting the egg shell and exiting the nest (4.1 d [49]), and days between exiting the nest and the onset of feeding (2 d, Stokes, pers.comm).

^b Maximum reproduction rate was expressed as eggs per day using the number of eggs per clutch (assumed to be 140 on average [70, 50]), the number of clutches per nesting season (4, [40, 23]), and the number of nesting seasons per year (an inverse of the remigration interval, 2 yr [40, 23]). Note that 4 clutches every 2 years, and 5 clutches every 2.5 years yield the same value of the maximum reproduction rate. The maximum reproduction rate was then calculated as $R_i = 4 \times 140/(2 \times 365) = 0.7671$.

unavoidable energy outputs with the opposite effect. These parameter values in conjunction with shape factor $\delta_M = 0.3744$ correspond to the theoretical maximum carapace length of 118 cm.

Our results indicate that, on the one hand, loggerhead turtles reduce the attainable 281 maximum size from $\{\dot{p}_{Am}\}/([\dot{p}_M]\delta_M) \approx 183 \,\mathrm{cm}$ (for $\kappa = 1$) by investing $(1 - \kappa) \approx 35\%$ of 282 the mobilization energy flow into reproduction, to already mentioned 118 cm. On the other 283 hand, this same investment permits that an energy equivalent of approximately one whole 284 egg at f = 0.81 and almost two eggs at f = 1 is set aside on a daily basis. The investment 285 of energy into reproduction controls fecundity and is particularly important as one of the 286 two chief determinants of the population growth rate. Does such an investment result in 287 the optimal reproductive output? It turns out that at estimated $\kappa = 0.6481$, the largest 288 adults achieve only 33% of the optimum of around 6 eggs per day at f = 1 (Figure 6). 289



Figure 3: Model predictions for post-hatchlings up to 10 weeks old. Carapace length in relation to age (upper left panel), body mass as a function of time (upper right panel), and relationship of body mass and length (lower panel). Model predictions for post-hatchling growth were satisfactory when the predicted length at birth was used as a starting point (full line), but were consistently lower than the data when the observed length at birth was used to run the model (dashed line). Faster metabolism of hatchlings [71] due to their smaller size could be responsible for the underestimate. Data source: unpublished data obtained from L. Stokes. Number of datapoints: three datasets containing 10 datapoints (measurements taken weekly during 10 weeks), and three datasets containing 8 datapoints (measurements taken weekly during 8 weeks). Experimental design described in [62], and modeled as f = 0.99 and $T = 27^{\circ}$ C.

Achieving the optimum requires $\kappa = 0.3522$. We thus find that the reproductive output of loggerhead turtles is suboptimal. A possible reason is that improved reproduction at lower κ fails to offset the negatives (lower food assimilation and lower survival) associated with smaller carapace length.

Energy in reserve is another ecologically important parameter because it indicates how well a species can endure low food availability. The ability to maintain structure in starvation is best represented by energy density, [E], the size of reserve relative to structure: $[E] = E/L^3$. Maximum energy density, $[E_m] = \{\dot{p}_{Am}\}/\dot{v}$, for a loggerhead turtle amounts to 12791 J cm⁻³. At maximum food availability (f = 1), reserve comprises 66.5% of body mass, whereas at more realistic f = 0.81, the percentage slightly decreases to 61.7%. In either case, the relative contribution of reserve to body mass is very large, suggesting that loggerhead turtles handle



Figure 4: Model predictions for uni-variate data related to juveniles and adults. Carapace length in relation to age (upper left panel). Data from: [57], number of datapoints N = 2 (triangles), and [58], number of datapoints N = 3 (squares). Body mass in relation to age (upper right panel). Data from: [57, 67], number of datapoints N = 5 (triangles, same individual as in panel a), N = 20 (circles, three individuals); and data from [58], number of datapoints N = 4 (squares, two individuals). Relationship of body mass and length (lower panel). Data from [72], number of datapoints N = 369. The exact temperature and food quantities have not been reported for some data, but most realistic results were obtained for temperature of 23° C for the fastest growing individuals (triangles in upper panels), 22° C for three individuals reared together (circles in upper right panel), and 21° C for two sea turtles reported in [58] (squares in upper left panel). Food quantity was modeled as f = 0.99.



Figure 5: Number of eggs per clutch in relation to straight carapace length (SCL) at f = 0.81. Data from [23], number of datapoints N = 48.



Figure 6: Maximum egg production of the largest loggerhead turtles (eq.2.58 in [29]) as a function of allocation to soma (parameter κ), at f = 1. Egg production at estimated $\kappa = 0.6481$ is suboptimal and amounts to only 33% percent of the optimum at $\kappa = 0.3522$. By sacrificing body size to increase the investment into reproduction (lower κ), loggerhead turtles have the potential to nearly triple their egg production. A possible reason why production remains suboptimal is that the benefit of higher fecundity (that would lead to higher population growth rate) fails to offset the negatives of smaller carapace length (that decreases the population growth rate via lower survival).

301 starvation rather well.

One indicator of how well an organism fares under starvation is the time to reserve 302 depletion, t_{\dagger} . While there is no single general recipe for how organisms handle starvation 303 within DEB theory (see [29], Section 4.1), the starvation mode starts when the mobilization 304 flow, \dot{p}_{C} is unable to satisfy somatic maintenance according to the kappa rule, i.e., when 305 $\kappa \dot{p}_C = \dot{p}_M$ and hence $E_* = \dot{p}_M \frac{L}{\kappa \dot{p}}$. Then the special rules for starvation are applied until energy 306 reserve is completely depleted. The time to depletion depends on the size of the individual, as 307 well as on the strategy for handling starvation (Figure 7). While the estimates of t_{\dagger} may not 308 be completely accurate, they serve as a good qualitative measure of starvation ability. First, 309 larger individuals have more time before experiencing problems due to unfavorable feeding 310 conditions (Figure 7). Second, the reserve size of loggerhead turtles is such that it provides 311 a substantial buffer against variable food availability in the environment. Even mid-sized 312 individuals at about 50 cm carapace length have enough energy in reserve that it takes a full 313 year before this energy is depleted. The potential to bridge long gaps in feeding might be a 314 trait shared with other sea turtle species as indicated by the ability of sea turtles to easily 315 sustain prolonged periods of little or no feeding during energetically demanding reproductive 316 seasons [76]. 317



Figure 7: Time to reserve depletion, t_{\dagger} , as a function of carapace length. Two possibilities are considered: (I) energy is mobilized only for somatic maintenance, $t_{\dagger} = \frac{L}{\kappa \dot{v}}$ (blue squares) or (II) energy is mobilized for both somatic and maturity maintenance: $t_{\dagger} = \frac{L}{\kappa \dot{v}} \frac{\dot{p}s}{\dot{p}_s + \dot{p}_J}$ (red circles). Although larger individuals take more time to deplete their energy reserve, loggerhead turtles of any size should be able to tolerate substantial variability in feeding conditions, including prolonged periods of starvation.

318 4. Discussion

We successfully reconstructed the energy budget of loggerhead turtles using preexisting scarce and disjointed—datasets. Such a reconstruction adds value to the data through new insights into physiology and ecology of the studied species, without additional empirical work. Gaining these new insights became possible only after jointly considering all the data within the unifying framework of DEB theory. Our unifying approach thus complements empirical studies that by necessity have a narrower focus.

Among the successfully reconstructed aspects of the energy budget, we first look at the 325 embryonic development. The value of parameter E_H^b indicates that embryos on average spend 326 37 kJ of energy for maturation. How does this value compare with measurements? The total 327 measured energy available at the beginning of the embryonic development (i.e., the energy of 328 an egg) is around 210 kJ [42], whereas the total energy of hatchlings with the yolk sac at birth 329 is around $125 \,\mathrm{kJ}$ (calculated using measurements in [65]). The difference of $85 \,\mathrm{kJ}$ between 330 these two empirical values is in reasonable agreement with 62 kJ measured independently by 331 respirometry [63] and represents the energy dissipated by embryos. A comparison between the 332 value of E_H^b (37 kJ) and empirically determined dissipation (62–85 kJ) suggests that embryos 333 roughly use anywhere between 40 to 60% of dissipated energy for maturation, while the rest 334 is distributed between maintenance and growth overheads (see also Figure 8). Important in 335 this context is the fraction of the initial reserve still left at birth because it is one of the main 336 factors determining the resilience of hatchlings during their migration to the feeding grounds. 337

At f = 0.81, for example, hatchlings have about 35 days until reserve depletion (Figure 7), assuming that the parameters remain constant throughout the ontogeny.

Among the basic DEB parameters listed in Table 1, four are expected to predictably 340 scale with the maximum size of a species $(\{\dot{p}_{Am}\}, E_H^b, E_H^p, \dot{h}_a)$, while the rest are expected 341 to remain rather constant [29]. This scaling property can be used to further reaffirm the 342 consistency of estimated parameter values, which we exploit by making comparisons with 343 related species. Preliminary estimates of the standard DEB parameters were available in the 344 online add_my_pet library [77] for two other species of sea turtles, Kemp's ridley (*Lepidochelys*) 345 kempii) [59] and leatherback turtle (Dermochelys coriacea) [60]. The value of the maximum 346 surface-area-specific assimilation rate $(\{\dot{p}_{Am}\})$ falls within the range of values defined by 347 these two species (Table 1), which is expected because loggerhead turtles are larger than 348 Kemp's ridley, but smaller than leatherback turtles [41]. However, both maturities (E_H^b) and 349 E_{H}^{p}) are higher and the aging acceleration (\dot{h}_{a}) is lower for loggerhead turtles than for the 350 other two species. While these mismatches make us cautious, they are also encouraging in 351 the sense that the orders of magnitudes of the parameter values are similar, suggesting that 352 the preliminary estimates for Kemp's ridley and leatherback turtle can be greatly improved 353 with the inclusion of more data. 354

The surface-area-specific maximum assimilation rate, $\{\dot{p}_{Am}\}$, is determining how much 355 energy will be assimilated into the energy reserve. The size-dependent energy budget relative 356 to energy assimilation visualized in Figure 9 provides insight into the changes in allocation 357 throughout the ontogeny of the loggerhead turtle (at f = 0.81), and can be used as a powerful 358 tool for exploring additional implications of changes in food availability. The proportion of 359 assimilated energy remaining in energy reserve, as well as the energy allocated to growth, 360 gradually reduce with size (Figure 9) as a direct consequence of the fact that most energy 361 flows (e.g., mobilization, somatic and maturity maintenance) scale with structural volume, 362 L^3 , while the assimilation scales with structural surface area, L^2 . Furthermore, in an energy 363 budget of a fully grown individual the processes of (somatic and maturity) maintenance add 364 up to become over 3/4 of the daily budget, at which point the difference between the energy 365 assimilated into energy reserves and that mobilized for other metabolic processes reduces to 366 practically zero. Keeping in mind that only after the cost of maintenance has been paid 367 can juveniles grow and fully grown adults can allocate to reproduction, our results suggest 368 that a lower amount of assimilated energy (as a result of, e.g., lower food availability), could 369 have drastic consequences on the growth of juveniles, and the reproduction of fully grown 370 adults. Reproducing while experiencing lower food availability could also have consequences 371 on the survival of post-hatchlings, as the amount of energy reserves left after embryonic 372 development is dependent on the food availability experienced by the mother (Figure 8), and 373

³⁷⁴ will determine how long a turtle can survive before it needs to start feeding (Figure 7).



Figure 8: Cumulative energy investment during embryonic development, plotted at two food availabilities $(f = e_b = 1 \text{ and } f = e_b = 0.81)$. The lower food availability is experienced by the North Atlantic loggerhead population. If food availability were high (f = 1), about half of the initial reserve would have been dissipated into the environment or consumed for the growth of structure before birth, whereas the remaining half would still have been available to hatchlings after birth. In reality, less than half of the initial reserve is left at birth. The exact fraction is important for further development and survival because the size of the remaining reserve (partly visible as the external yolk sac) determines, e.g., the period that hatchlings survive before reaching the feeding grounds.



Figure 9: Visualization of the energy budget as a function of size. Shown are the contributions of all metabolic processes (i.e., energy flows) relative to assimilation. Special attention is given to three energetically important moments: birth, puberty, and ultimate size. Flows are calculated using the estimated parameter values for North Atlantic population (Table 1) with the scaled food availability of f = 0.81 experienced in the wild.

Having precise energy ingestion rates through feeding would ultimately allow various model applications such as (i) assessing the energy requirements of loggerhead turtle individuals reared in captivity [8] or (ii) investigating the ecological interactions between loggerhead turtle populations and their prey. To study the ingestion rates, we need to look into the surface-area-specific maximum ingestion rate, $\{\dot{p}_{Xm}\}$, determined by the relationship

$$\{\dot{p}_{Xm}\} = \{\dot{p}_{Am}\}/\kappa_X \tag{8}$$

where κ_X is a constant called assimilation efficiency. However, establishing the reliability 380 of estimates of $\{\dot{p}_{Am}\}\$ and κ_X is difficult. Looking into the first parameter, $\{\dot{p}_{Am}\}\$, in more 381 detail, we see that it determines the ultimate size of an individual (see Eq. (7)). Assuming a 382 constant allocation to some (κ) the same maximum size can be predicted with different val-383 ues of $\{\dot{p}_{Am}\}$ and $[\dot{p}_M]$ as long as their ratio is constant. Our estimate of the volume-specific 384 somatic maintenance rate for the loggerhead turtle of $[\dot{p}_M] = 13.25 \,\mathrm{J}\,\mathrm{d}^{-1}\,\mathrm{cm}^{-3}$ (considerably 385 lower than the estimates of around $20 \,\mathrm{J}\,\mathrm{d}^{-1}\,\mathrm{cm}^{-3}$ for the other two sea turtle species) should 386 be used with caution: if the estimate of $[\dot{p}_M]$ is too low, we may also end up underestimating 387 the surface-area-specific maximum assimilation rate, $\{\dot{p}_{Am}\}$, yet fail to recognize this un-388 derestimate as the predicted maximum size remains the same. An independent and more 389 reliable estimate of $\{\dot{p}_{Am}\}$ is possible only if the precise measurements of both ingestion rates 390 and assimilation overheads are available [78] (see also Section 11.2 of [29]). Independently 391 estimating the value of κ_X —the other parameter determining the ingestion rate—is partic-392 ularly difficult because quantifying ingestion and assimilation overheads requires knowing 393 (i) egestion, (ii) excretion, and (iii) specific dynamic action [29, 78]. Such a comprehensive 394 set of measurements on loggerhead turtles is unknown to us, leading to the conclusion that 395 reliable estimates of κ_X or $\{\dot{p}_{Am}\}$ are not possible at this moment. Hence, our estimates of 396 the ingestion rate should be used with caution. 397

The only attempt to estimate a (static) energy budget of loggerhead turtles in absolute 398 terms known to us is by Hatase and Tsukamoto [61]. The authors considered that oceanic 399 adults of 70 kg body mass feed on energy-sparse plankton of genus *Pyrosoma*, while neritic 400 adults of 90 kg body mass feed on energy-dense clams. Due to difficulties in obtaining precise 401 measurements, the authors were forced to make a number of *ad hoc* assumptions to arrive at 402 a daily energy intake of 28454 kJ (14.4 kg) of neritic food. This intake, however, seems to be 403 too high. First, observations suggest that the feeding rate of loggerhead turtles is probably 404 much lower: measurements of food intake by loggerhead turtles, ranging in size between 2 405 and 60 kg and fed anchovies in captivity, yielded a regression equation that at 20 $^{\circ}$ C gives 406 3.3 kg of food ingested daily when extrapolated to the size of neritic adults [79] – only about 407 23% of the estimate by Hatase and Tsukamoto [61]. Second, daily energy intake is unlikely 408 to be higher than that of a species known for high energy consumption and even higher food 409 intake. A validated energy budget exists for such a species: Pacific bluefin tuna (*Thunnus*) 410

orientalis) [7, 8, 80]. If we compare the daily energy intake of an individual Pacific bluefin 411 tuna with the same structural size as neritic loggerhead turtle adults, it turns out that the 412 tuna consumes about 3400 kJ or approximately 8 times less than the value from Hatase 413 and Tsukamoto [61]. Third, the huge intake assigned to loggerhead turtles, with a large 414 proportion needed to satisfy the assumed basic metabolic needs, seems even less likely when 415 put in perspective with measured or estimated metabolic rates. The neritic-sized loggerhead 416 turtles routinely dissipate up to 97% less energy (extrapolated from values in Ref. [71]) than 417 the Pacific bluefin tuna, again with the same structural size as neritic loggerhead adults: 418 $0.03 \,\mathrm{W \, kg^{-1}}$ compared to $1.18 \,\mathrm{W \, kg^{-1}}$ at 20 °C. This makes the 800% higher energy need 419 estimated for neritic loggerhead turtles by Hatase and Tsukamoto [61] highly unlikely. It is 420 interesting to mention that our model predicts dissipation of $0.11 \,\mathrm{W \, kg^{-1}}$ for neritic adults 421 at 20 °C with an assumed $\kappa_X = 0.8$. This value drops to $0.08 \,\mathrm{W \, kg^{-1}}$ in fasting individuals, 422 which is in line with measurements of $0.05 \,\mathrm{W \, kg^{-1}}$ by Lutz et al. [81] performed on smaller 423 resting loggerhead turtles at 20 °C. 424

Estimates of energy investment into reproduction $(\dot{p}_J \text{ and } \dot{p}_R \text{ in DEB, see Figure 1})$ 425 also show a mismatch when comparing our model outputs with calculations reported by 426 Hatase and Tsukamoto. Integrating energy invested into the reproductive branch (maturity 427 maintenance + egg production) over two years gives an estimate of approximately 300 MJ428 (127 MJ for maintenance, and 147 MJ for egg production) at the temperature of 23° C (the 429 average temperature experienced by adult loggerhead turtles [43, 61]). This is markedly 430 smaller than 1003 MJ calculated for the smaller oceanic adults nesting every second year 431 [61], and approximately 30% less than the reproduction costs calculated for neritic Pacific 432 loggerhead turtles nesting every year (435 MJ, [61]). We did not separately model the neritic 433 and oceanic adults, nor explicitly include the different expenses of migration that these two 434 groups of adults have. However, the realistic number of eggs predicted by our model (see 435 section 3.1) suggest that our estimate of the energy investment into reproduction is realistic. 436 Not all aspects of the energy budget of loggerhead turtles were captured perfectly by 437 the model, yet even deviations of model outputs from the commonly accepted knowledge 438 are informative. For example, we estimate that in an environment with relatively constant 439 food and temperature, loggerhead turtles start allocating to reproduction several years before 440 reaching the currently accepted age-at-puberty based on nesting observations. The transition 441 to adulthood might thus be happening much earlier than currently suspected, and first nesting 442 observed might be an inadequate proxy for puberty. The definition of "puberty", whether 443 it is the initial allocation to reproduction or morphological changes (e.g., tail prolongation 444 in males) or the first nesting, therefore has to be agreed upon prior to making comparisons 445 across studies. 446

Furthermore, the underestimated growth of posthatchlings during the first 15-30 days af-447 ter birth (Figure 3) suggests that the description in terms of fixed parameter values through-448 out the whole life cycle may be somewhat inadequate. One way to speed up growth in DEB 449 theory is exemplified by the "waste to hurry" strategy [82], whereby the increase in the 450 values of parameters directly related to the acquisition of energy $(\{\dot{p}_{Am}\})$ and metabolism 451 $(\dot{v} \text{ and } [\dot{p}_M])$ results in faster growth, but smaller ultimate size due to a higher energetic 452 cost. The strategy in which some energy is wasted to achieve faster growth and reduce time 453 spent in early stages which are particularly vulnerable to predation [83] may be beneficial to 454 post-hatchlings. 455

456 5. Conclusion

The standard DEB model aided the characterization of the whole life cycle of the log-457 gerhead turtle using relatively few types of disjointed data on life-history traits and growth 458 curves, some of which date from 1926. The mechanistic nature of the model made it possible 459 to use datasets collected in the field, as well as those obtained in the laboratory studies 460 and rearing facilities. The estimated DEB parameter values now characterize the energy 461 utilization patterns in the loggerhead turtle, enabling the standard DEB model to predict 462 growth, maturation, and reproduction as a function of temperature and food (or energy 463 reserve provided by the mother, in case of an embryo). 464

In addition, the parameter values enabled quantitative predictions of many energy budget features that were not (or could not be) measured directly. Examples are the plotted energy budgets at birth, puberty, and when fully grown (Figures 8 and 9). The model made it possible to study ontogeny and physiological traits such as coping with prolonged periods of starvation and the trade-offs between growth and reproduction.

Additional details could be included into the model to increase its predictive capabili-470 ties and accuracy, but whether additional predictions and accuracy warrant the increased 471 complexity of the model highly depends on particular questions of interest. For example, 472 precision in modeling embryonic development could be augmented by including effects of the 473 sand (compactness, humidity, and grain size) on incubation duration and time needed from 474 hatching to emergence. Also, metabolic heating could be incorporated into the model by 475 increasing the temperature in simulations. Including constraints on the size and frequency of 476 clutches, as well as explicit modeling of the reproduction buffer (as opposed to continuous re-477 production), offers an opportunity to improve the conversion from allocation to reproduction 478 (joules per day) to the reproductive output (eggs or clutches per nesting season). 479

480 The realism and precision of the model predictions could be further improved by (i)

loosening the assumption that the parameters are constant throughout ontogeny, and (ii) 481 simulating a more variable environment, reproducing some of the food and temperature 482 variability experienced by the loggerhead turtles in the wild [12]. By allowing the parameters 483 to vary throughout ontogeny, physiology of small loggerhead post-hatchlings can change such 484 that temporarily increased parameter values improve growth performance, thereby reducing 485 the risk of being eaten by predators. Simulating an environment in which food availability 486 and/or temperature drastically change might be a good approximation of the ontogenetic 487 habitat shift when juvenile loggerhead turtles change their oceanic (colder and food poorer) 488 environment for a neritic (warmer and food richer) one [13]. Consequently, growth curve 489 might differ (see e.g. [5, 84, 18]) from the most commonly assumed monotonic one. Such a 490 different environment would result also in different predictions for age at puberty. 491

The range of observed maturation age estimates are seemingly contradictory (15-39 years, [20, 21, 19, 44, 45]). The lower end of the range is obtained by direct observations in captivity, or deduced from morphology and behavior, while the upper end of the range is estimated using the carapace length at reproductive events. Could such a large range be explained by the time necessary to accumulate energy for reproduction after the actual maturation, or by environmental variability experienced by some loggerhead turtles in the wild?

Even without the mentioned additions and alterations, the model provides insight into physiology and ecology of the loggerhead turtle, and makes a powerful tool for conservation biology and management of sea turtles. Obtaining a set of DEB parameters for a different loggerhead turtle population (e.g., the Mediterranean population) might provide further insight into the observed [4, 23] differences in growth, maturation, and reproduction between these two populations.

Information on relevant processes and life history traits (duration of life cycle phases, 504 reproduction output, etc.) can be further studied for a range of temperatures and/or food 505 availabilities to gain additional insight into physiology and ecology of the loggerhead tur-506 tle. Strong influence of the environment (temperature and food availability) on growth of 507 individuals can impede comparisons of growth rates between aggregations of loggerhead tur-508 tles experiencing different environments (e.g., [6, 5]). Growth data obtained in the field 509 (excluded from this study because the precise age of the loggerhead turtles was generally 510 not known) could be compared to the DEB model predictions for various environmental 511 conditions. Taking the mechanistic nature of the model even further, the environmental con-512 ditions experienced by an individual could be reconstructed from the growth marks on the 513 bone structures, as was done for a species of fish [85]. 514

The model is one of a full life cycle, and can be used to study the environmental effects on the physiological processes such as growth, maintenance, maturation, and reproduction. It, therefore, enables exploring future scenarios, e.g., those resulting from the global climate change. In particular, the information can be used to create population models that include environmental information into the population dynamics, as it is possible to investigate how changes in temperature and food availability might affect individual physiological processes (thus affecting survival and fecundity). This is the first step toward determining the effects of environmental changes on growth and viability of a population, and the chances of success of conservation efforts.

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