

# Could known particle physics explain all issues of modern cosmology?

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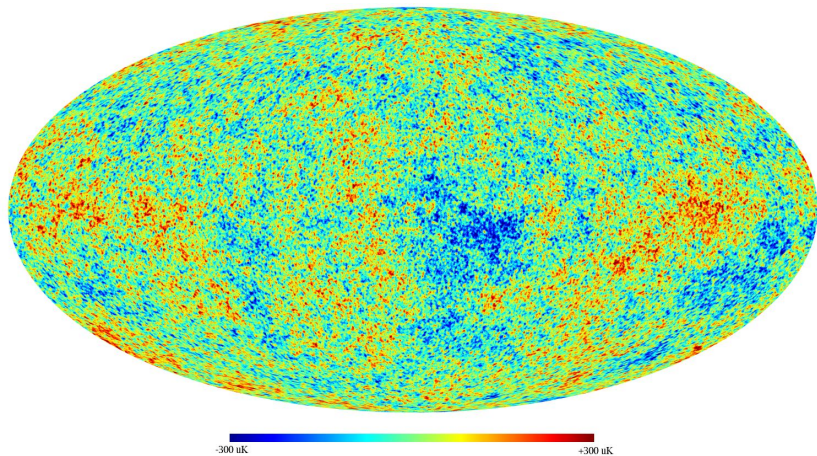
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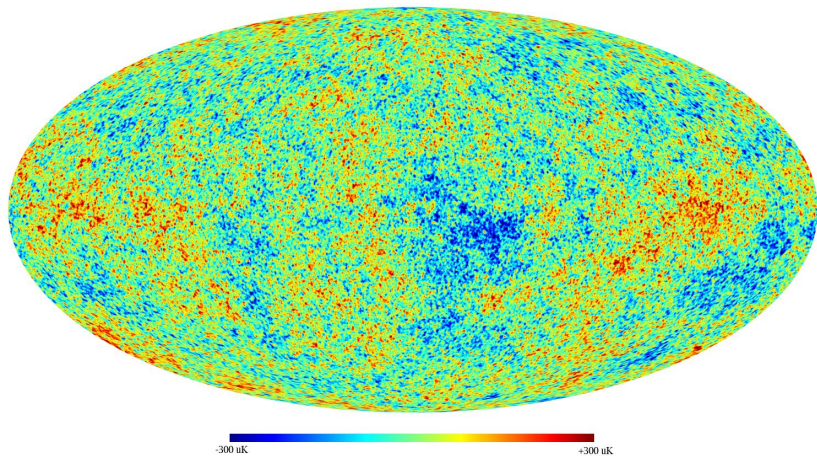
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- ▶ **Dark Matter**: Most of the matter in the Universe is not barionic (?).

# Cosmic microwave background





# Cosmic microwave background



**Convention:**  $8\pi G = 1 = M_p^{-2}$ , where  $M_p \simeq 2.5 \times 10^{18} \text{ GeV}$

# Introduction to cosmic inflation

Let us assume, that the flat FRW Universe with the metric tensor

$$ds^2 = -dt^2 + a(t)^2(dx^2 + dy^2 + dz^2) ,$$

is filled with a homogeneous scalar field  $\phi(t)$  with potential  $V(\phi)$ . The  $a(t)$  is the scale factor. Then Einstein equations are following

$$3H^2 = \rho = \frac{1}{2}\dot{\phi}^2 + V , \quad 2\dot{H} = -(\rho + P) = -\dot{\phi}^2 , \quad (1)$$

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where  $H = \frac{\dot{a}}{a}$  is a Hubble parameter. Let us note that

$$\frac{\dot{H}}{H^2} = -\frac{3\dot{\phi}^2}{\dot{\phi}^2 + 2V} \Rightarrow \dot{H} \ll H^2 \text{ for } \dot{\phi}^2 \ll V . \quad (2)$$

When  $H \sim \text{const}$  one obtains  $a \sim e^{Ht} \rightarrow$  **exponential expansion of the Universe!** This is an example of **the cosmic inflation**.

# Primordial inhomogeneities

What we observe are anisotropies of the CMB radiation. We know how to relate them to primordial curvature perturbations  $\mathcal{R}$  generated during inflation. We define the power spectrum of  $\mathcal{R}$  by

$$\mathcal{P}_{\mathcal{R}}(k) = \frac{k^3}{2\pi^2} |\mathcal{R}_k|^2. \quad (3)$$

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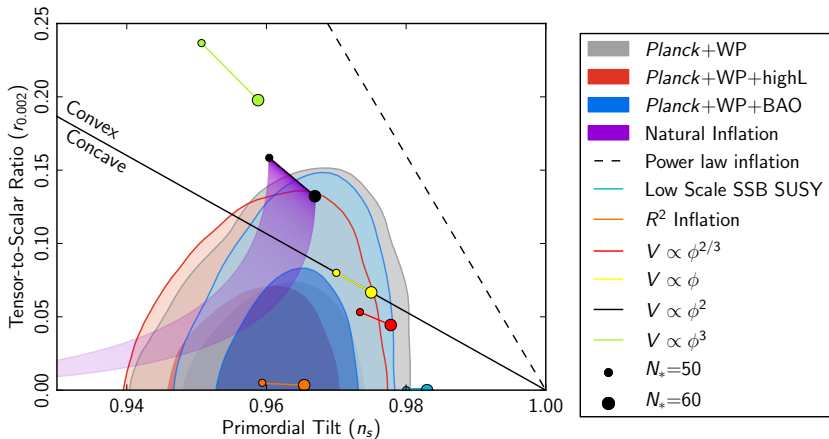
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- ▶ Tensor-to-scalar ratio  $r = \mathcal{P}_{\mathcal{R}}/\mathcal{P}_h \simeq 8 \left( \frac{V'}{V} \right)^2$

# Comparison to the data



## Can we use a Higgs field as an inflaton?

Assuming the Universe filled with a homogeneous scalar field  $\varphi$  with a potential  $\lambda\varphi^4$  one obtains way too big  $r$  and too small  $n_s$ .  
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**Non-minimal coupling to gravity:** Let's assume that instead of regular GR action we take

$$S = \int d^4x \sqrt{-g} \left( \frac{1}{2}(1 + \xi\varphi^2)R - \frac{1}{2}(\partial\varphi)^2 - \frac{\lambda}{4}\varphi^4 \right) + S_m \quad (4)$$

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In general inflation happens for  $\xi\varphi^2 \gg 1$ . Normalisation of inhomogeneities gives  $\xi \sim 5 \times 10^4 \sqrt{\lambda}$ . The best thing comparing to other inflationary models? **Reheating!**

## The Einstein frame picture

The gravitational part of the action may be canonical after transformation to Einstein frame

$$\tilde{g}_{\mu\nu} = f(\varphi)g_{\mu\nu} = (1 + \xi\varphi^2)g_{\mu\nu} \quad (5)$$

which gives the action of the form of

$$S = \int d^4x \sqrt{-\tilde{g}} \left[ \frac{1}{2} \tilde{R} - \frac{1}{2} (\tilde{\partial}\phi)^2 - V(\varphi(\phi)) \right], \quad (6)$$

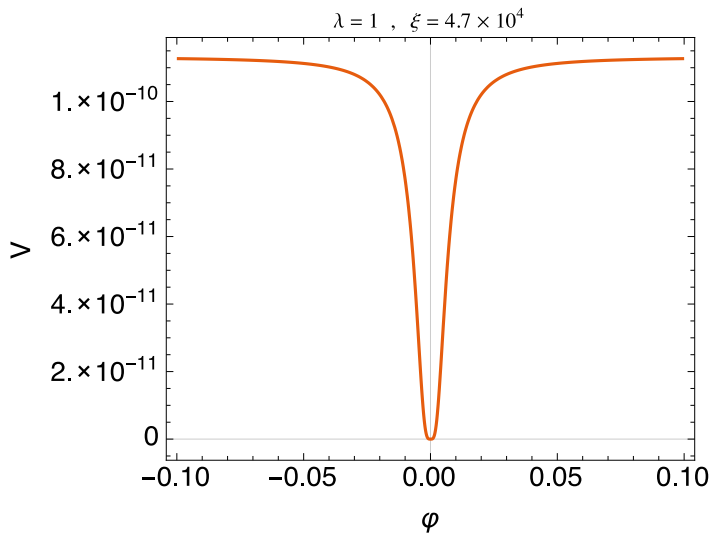
where

$$\frac{d\phi}{d\varphi} = \sqrt{\frac{3}{2} \left( \frac{f_\varphi}{f} \right)^2 + \frac{1}{f}} \quad (7)$$

and

$$V = \frac{\lambda}{4} \frac{\varphi^4}{(1 + \xi\varphi^2)^2}.$$

# Einstein frame scalar potential



## generalisations of Higgs inflation

So far we have assumed  $f(\varphi) = 1 + \xi\varphi^2$ . Could we generalise this into any  $f(\varphi)$  and still obtain inflation? Sure, as long as Jordan frame scalar potential is

$$U(\varphi) = M^2(f - 1)^2. \quad (8)$$

For  $f = 1 + \xi\varphi^2$  one finds  $U = M^2\xi^2\varphi^4$ , which means that  $\lambda = 4M^2\xi^2$ .

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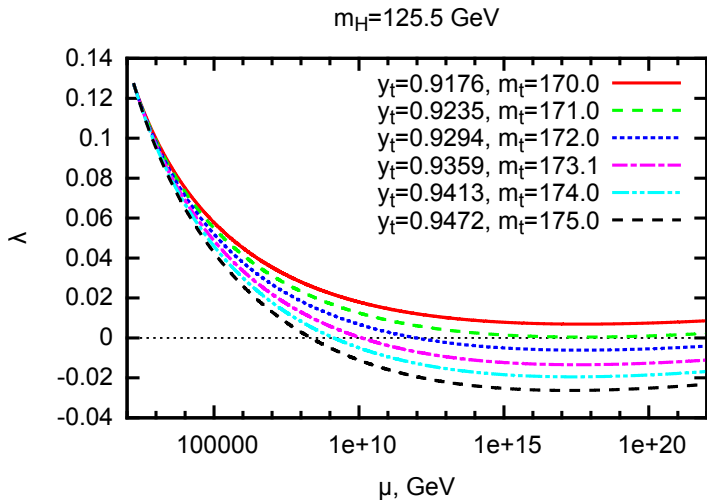
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This idea also works for  $f = \varphi$  (Brans-Dicke theory), for  $f = 1 + \xi\varphi^n$ , for  $f \propto \sin(\varphi/\mu)$  etc. **In the limit  $f'^2 \gg f$  one obtains the same result for all  $f$ ! The so-called conformal attractors (Linde, Kalosh, ...).**

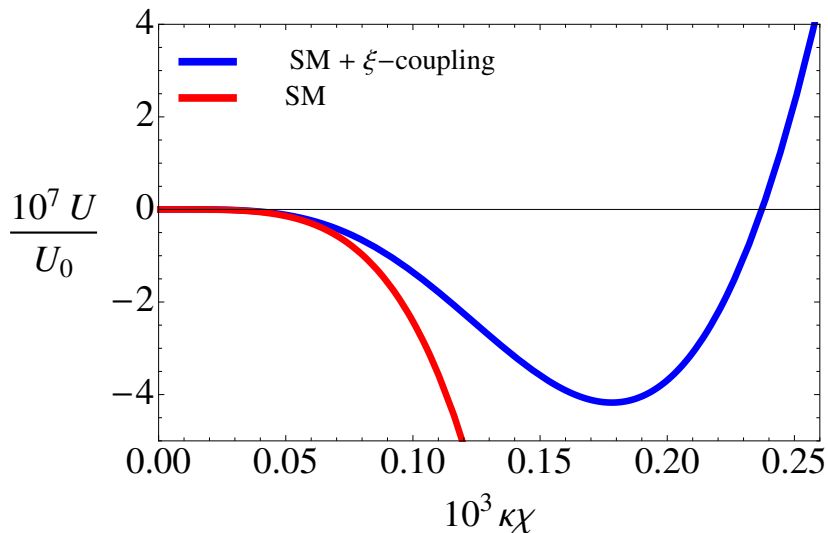
Why this is so important? Because there may be higher order non-renormalisable terms in the scalar potential. In principle we don't know the scale that suppressed them. With this mechanism we don't have to worry about them.

# “Problems” with running of $\lambda$



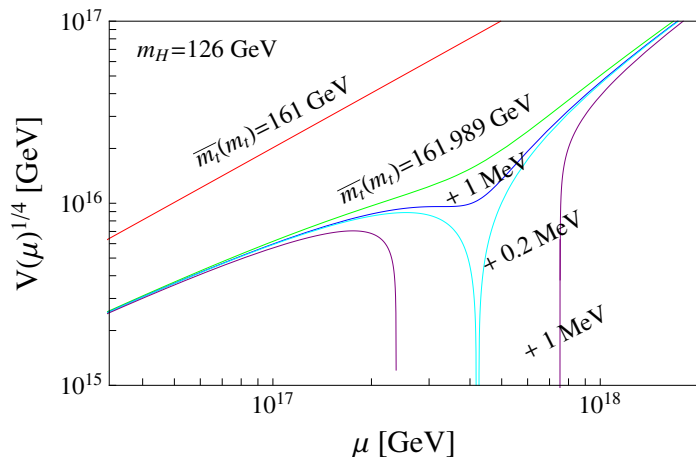


## Sort of solution?



Non-minimal coupling suppose stabilise the vacuum

# Fine-tuned inflation without non-minimal coupling



The idea of Isabella Masina - fine tuning required!

# Higgs inflation as a maximally flat theory

Let's start from a general scalar theory with minimal coupling to gravity

$$S = \int d^4x \sqrt{-g} \left[ \frac{1}{2} R + \frac{1}{2} (\partial\phi)^2 - V(b(\phi)) \right], \quad (9)$$

where

$$b(\phi) = \xi \sum_{k=1}^n \lambda_k \phi^k, \quad (10)$$

In general such a potential does not need to be flat anywhere and therefore it is not suitable for inflation. We want to assume that  $V$  (and therefore  $b(\phi)$ ) is at least locally flat  $\Rightarrow$  has a stationary point at some  $\phi_s$ . The maximal order of  $\phi_s$  is  $n - 1$ , which gives

$$b(\phi) = \frac{\xi}{n} (n \lambda_n)^{\frac{-1}{n-1}} \left( 1 - \left( 1 - (n \lambda_n)^{\frac{1}{n-1}} \phi \right)^n \right). \quad (11)$$

## Higgs inflation as a maximally flat theory

What would happen if we require  $n \rightarrow \infty$ , i.e. infinitely flat potential around the stationary point? For general form of  $\lambda$  the  $b(\phi)$  does not converge. But for

$$\lambda_n = \frac{1}{\xi} \left( \frac{\xi}{n} \right)^n \quad (12)$$

one finds in the  $n \rightarrow \infty$  limit

$$b(\phi) = 1 - e^{-\xi\phi} \quad (13)$$

so for  $V \propto f^2$  one obtains

$$V \propto (1 - e^{-\xi\phi})^2, \quad (14)$$

which is exactly the Einstein frame potential of Higgs inflation in the  $\xi^2\varphi^2 \gg 1 + \xi\varphi^2$  limit.

# Dark matter from primordial black holes?

Just a brief idea from paper of Clesse and Garcia-Bellido from ArXiv:1501.07565 - inflation has two phases between which there is a break  $\Rightarrow$  few fields running inflation or one field with few flat regions. This causes growth of primordial inhomogeneities at some scales and in consequence a creation of primordial black holes.

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Some generalisations of Higgs inflation could be responsible for such an inflationary break!

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- ▶ Dark energy - massive or modified gravity. Or just GR, since  $\Lambda$  is a part of it.
- ▶ Final answer is NO - we still have puzzles to answer (CP violation, missing satellite problem etc.), but perhaps we don't need to go that far from the SM.